INTRODUCTION TO ANATOMY PART II

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Objectives:

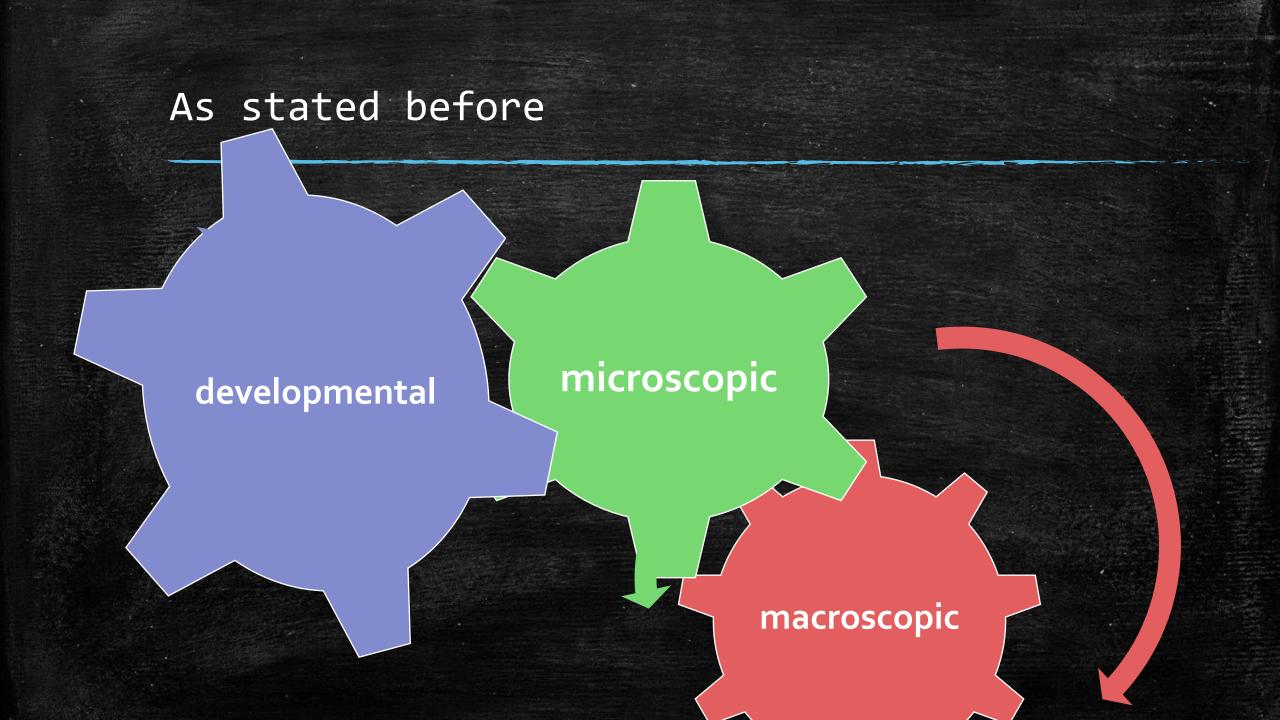
At the end of this lecture you must able to:

1-understanding anatomical terminology.

2-understanding positions of the human body.

3-understanding planes and sections.

4-Understanding body movements and terms of laterality.



Repeated students question

How shall I study?

This is done by several steps

since anatomy is a descriptive science so it has special descriptive language so the first step must be understanding this language which is called:

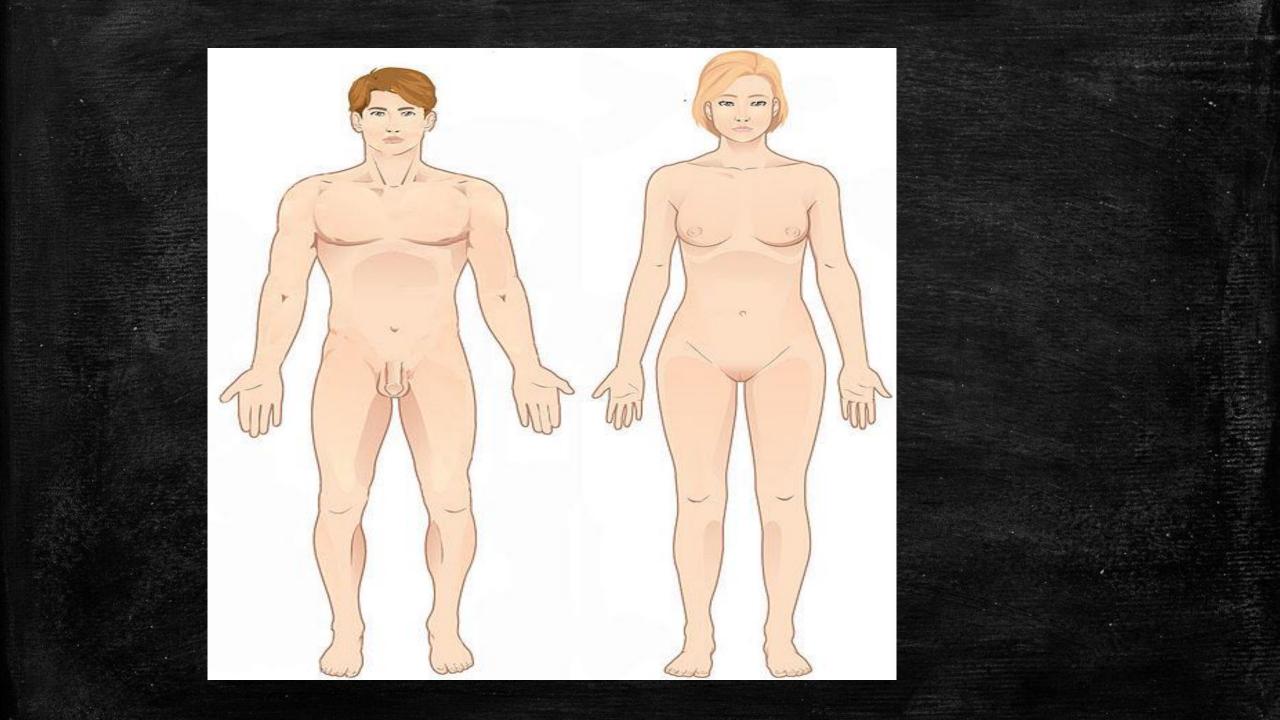
Anatomic terminology

Anatomicomedical terminology

Several positions of the human body causing confusion in the description of various structure and organs so there must be unanimous position; that is the standard anatomical position



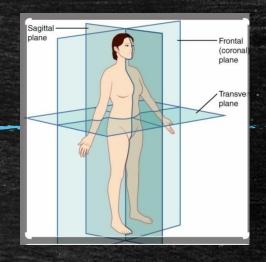






Globally Adopted postion



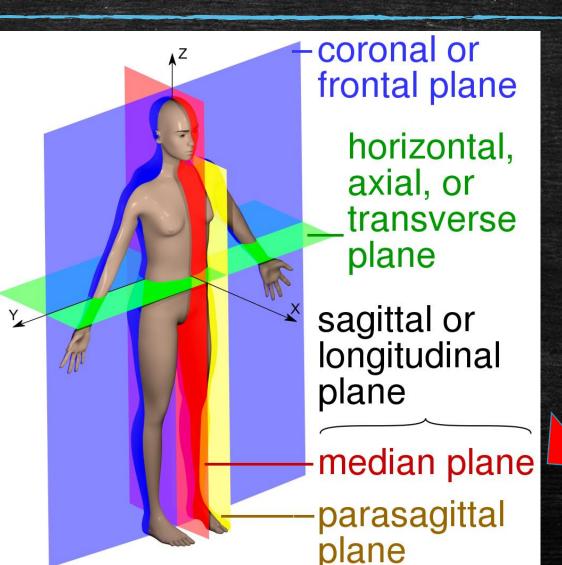


Four imaginary planes that intersects the human body in this position

4 Anatomical planes

1-median plane2-saggital plane3-coronal plane4-transverse plane

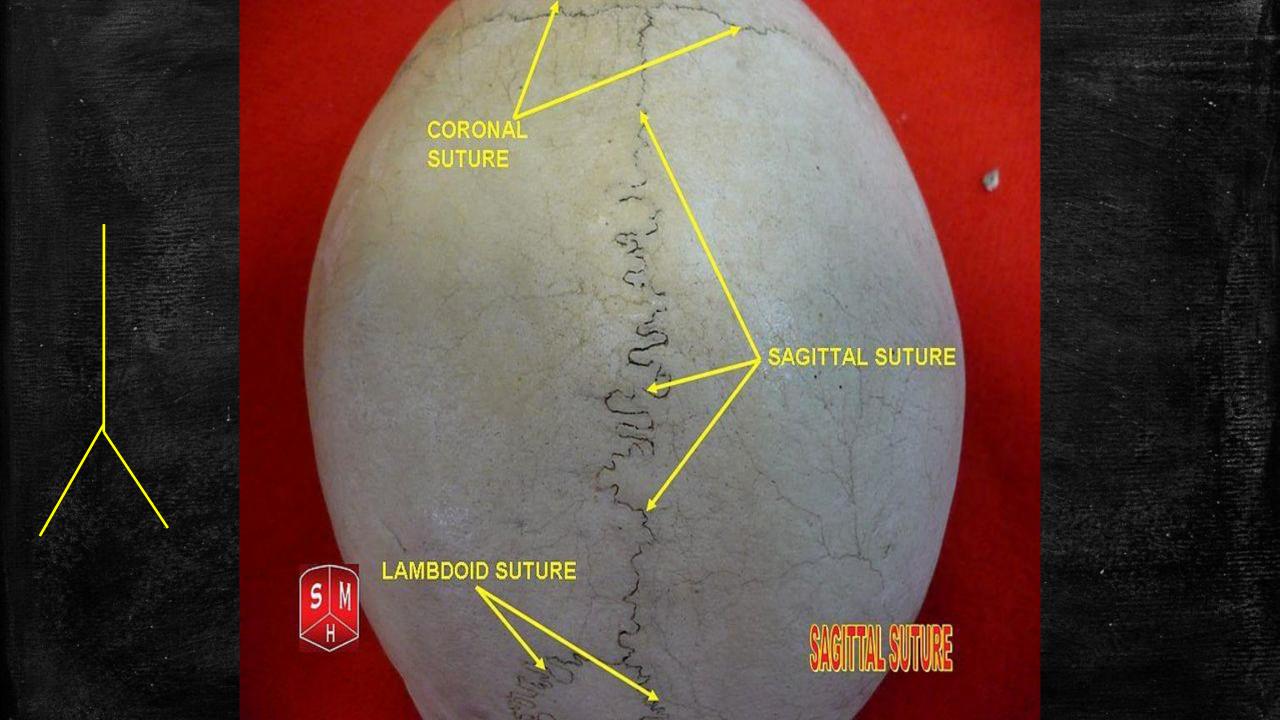
Median plane



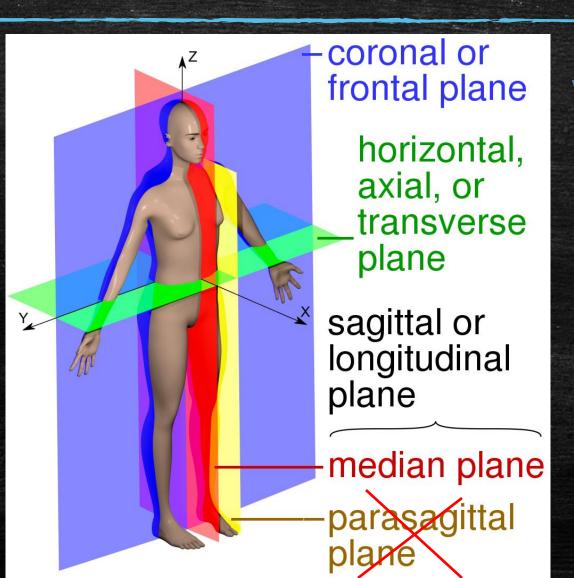
Sagittal plane coronal or frontal plane horizontal, axial, or transverse plane sagittal or longitudinal plane median plane parasagittal







Coronal plane

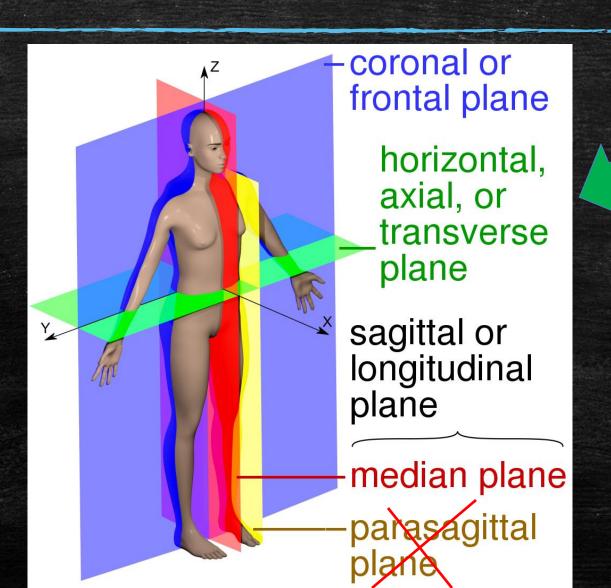






Transverse

plane



Body sections are divided by planes Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction or display: Transverse plane Sagittal plane Coronal plane (horizontal plane) (median plane) (frontal plane)





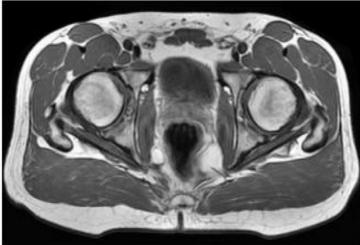








Horizontal section through the pelvic cavity and the hip joints.



MRI scan through the pelvic cavity and the hip joints (horizontal or axial or transverse plane).



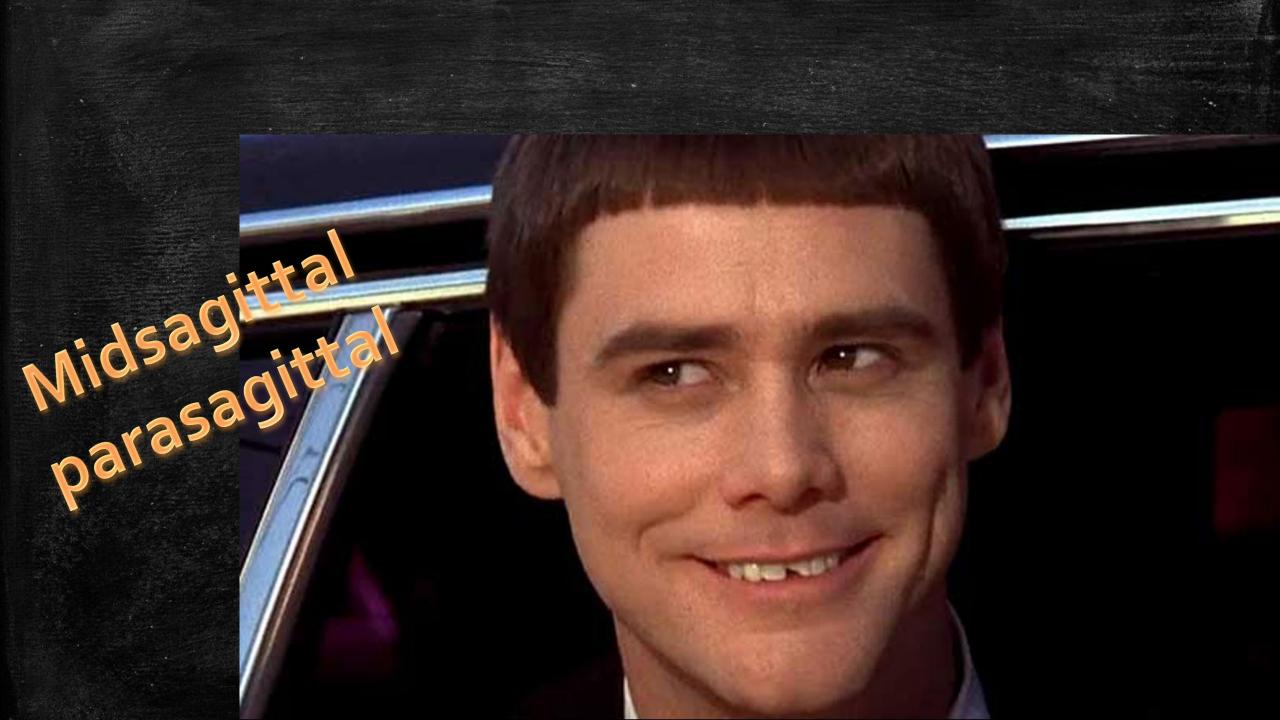


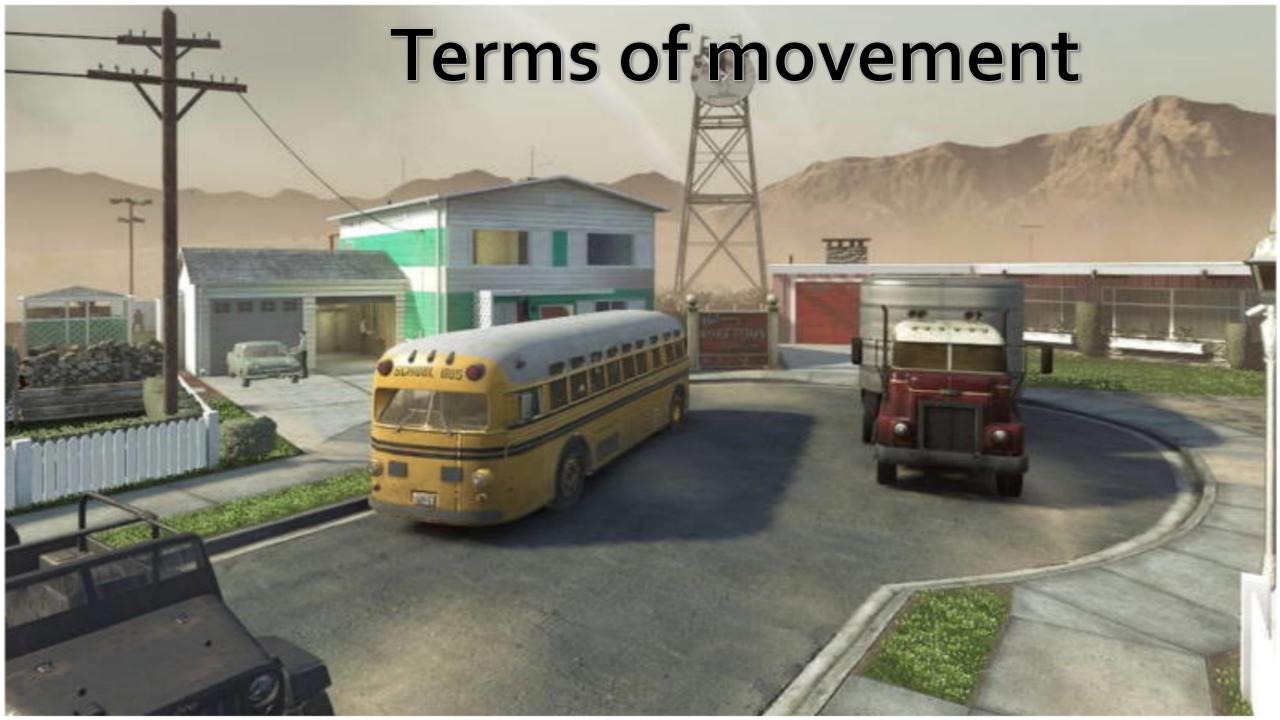
Sagittal section through the knee joint.



MRI scan through the knee joint (sagittal plane).





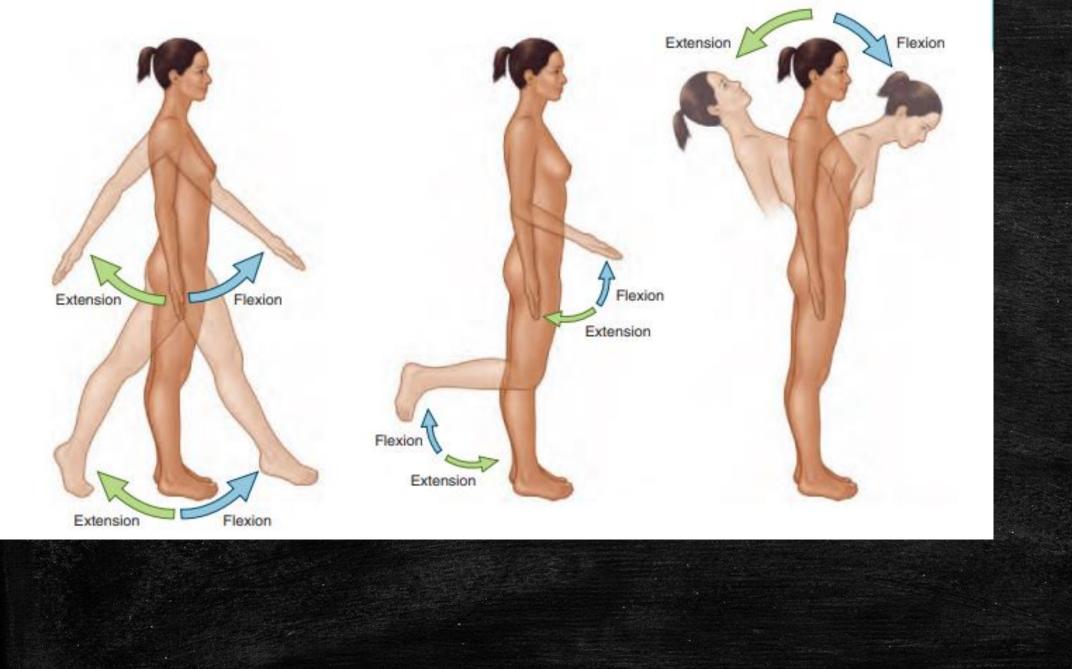


flexion

Decreasing the angle between the bones
To the front or to the back but in the sagittal plane

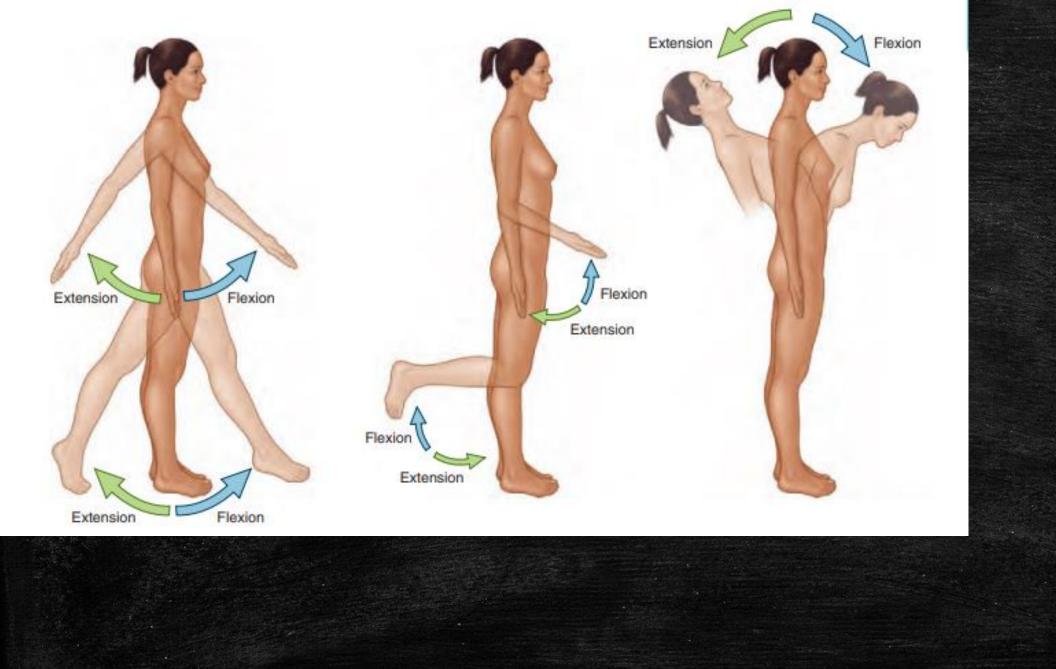
Plantarflexion

dorsiflexion



extension

Increasing the angle between the bones To the front or to the back but in the sagittal plane

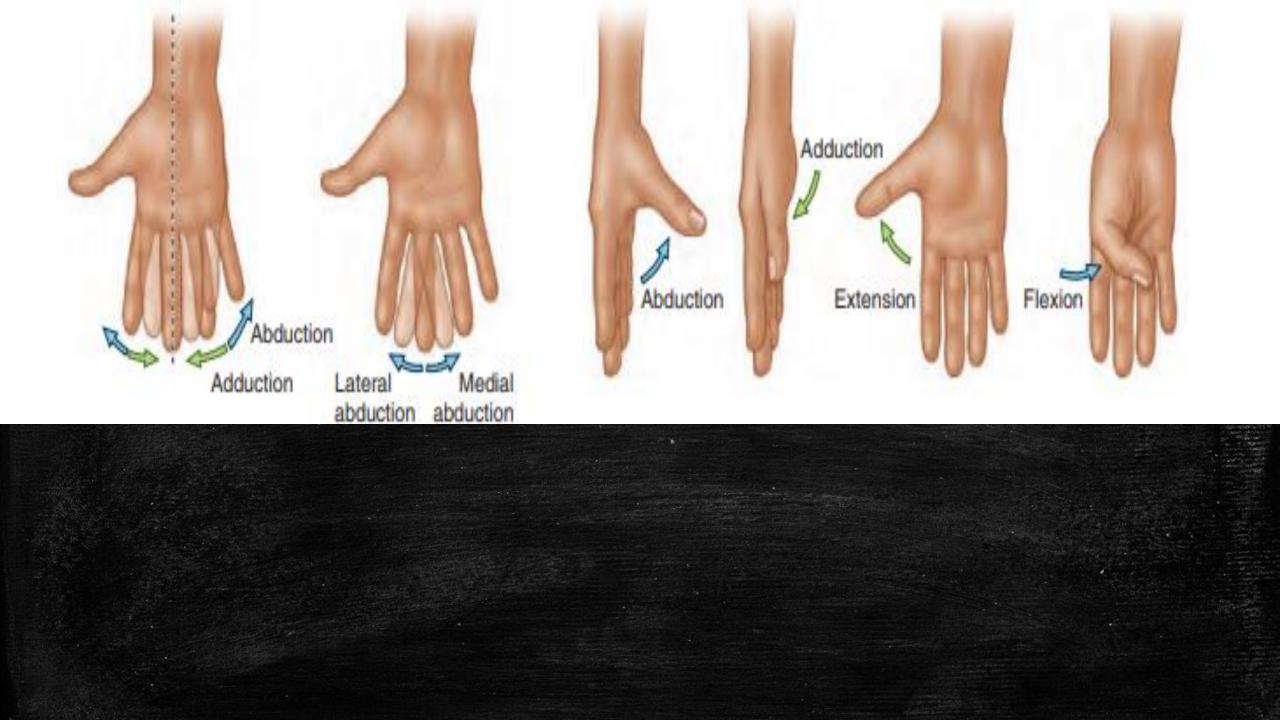


Abduction

Moving away from the median plane in the frontal plane (coronal plane)

adduction

Moving toward the median plane in the frontal plane



circumduction

Combination of the former 4 movements leading to circular movement



Rotation

- Around longitudinal axis Involves:
- medial rotation (internal)
- ☐ Lateral rotation (external)

Pronation & supination

Rotational movement of the forearm and hand around longitudinal

Axis so that the palm of the hand faces superiorly in case of supination

And inferiorly in case of pronation.

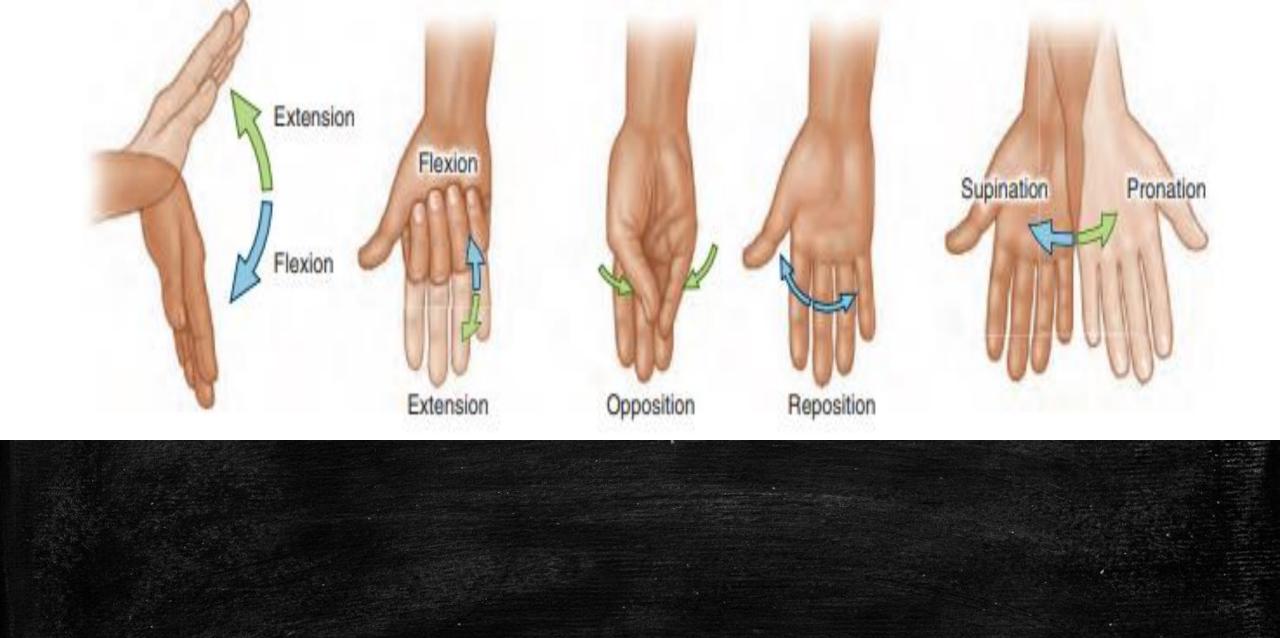


Opposition & reposition

Pushing any of the digits by the thumb

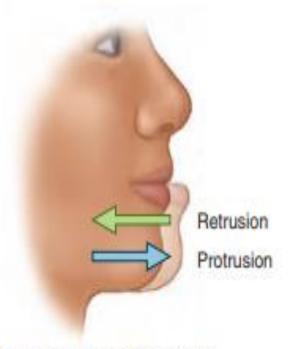
Reposition of the thumb when it returned back to its anatomical Position .



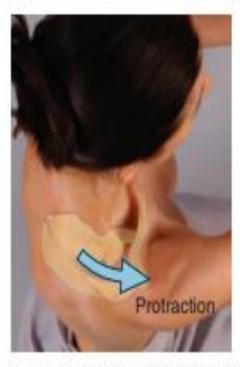


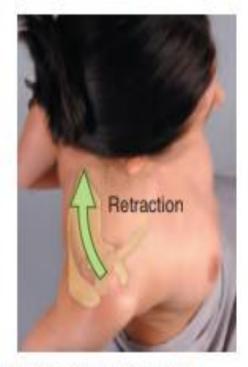
Protrusion & retrusion

Forward and backward movement of mandible and tongue.



 (L) Protrusion and retrusion of jaw at temporomandibular joints



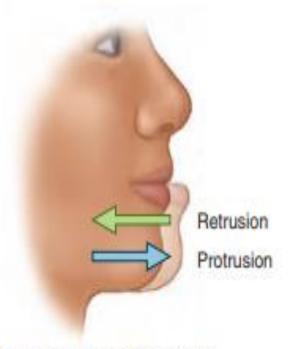


(M) Protraction and retraction of scapula on thoracic wall

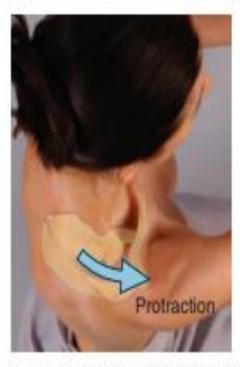


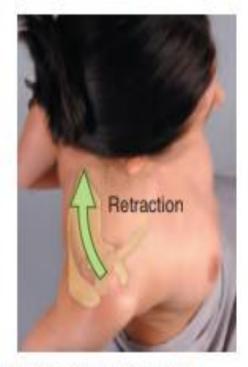
Protraction & retraction

Forward and backward movement of the shoulder.



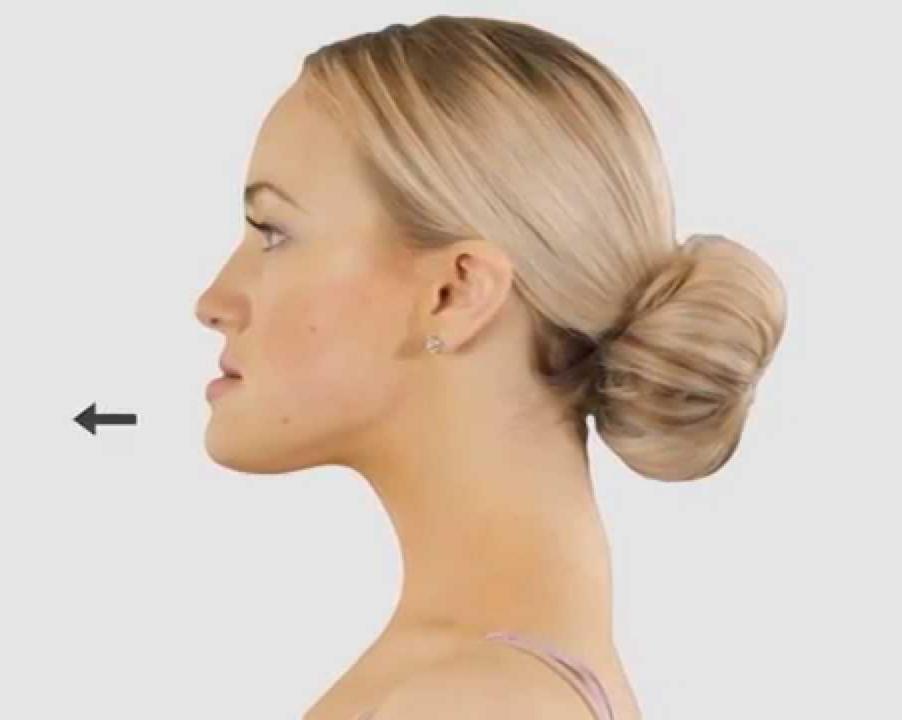
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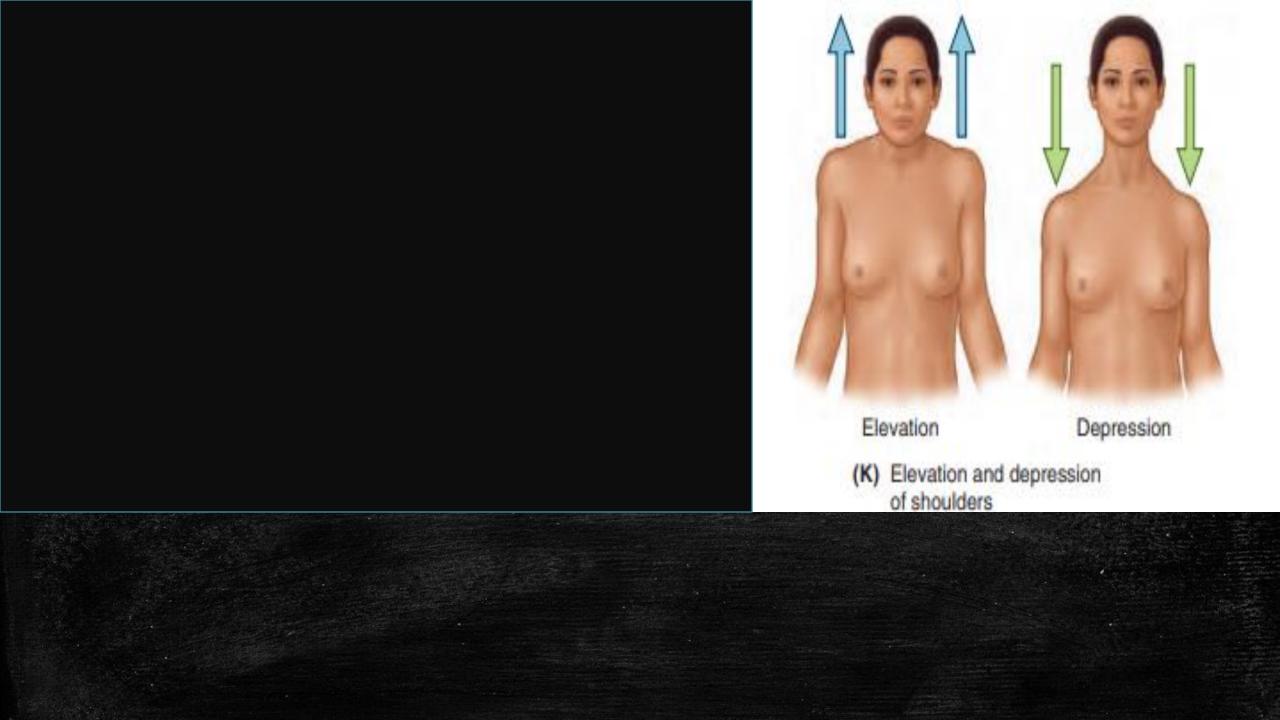






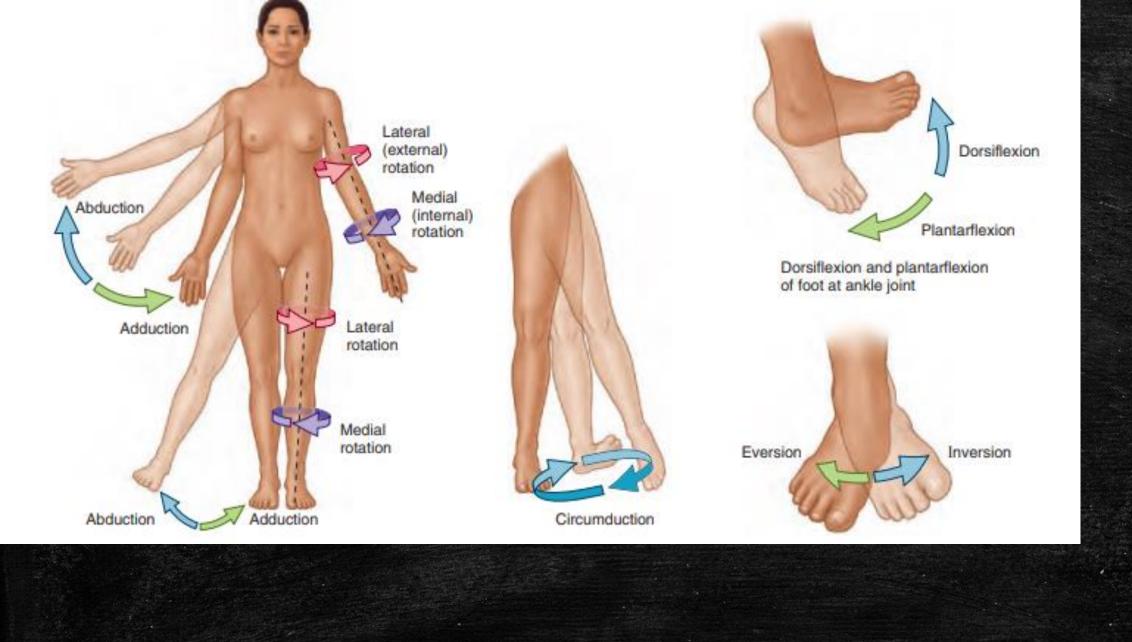
Elevation & depression

- Moving a part of the body upward or downward
- Like elevation & depression of shoulders
- Eyelids when you open and close your eyes
- Tongue when you move it up and down against
- palate and mouth floor.



Eversion & inversion

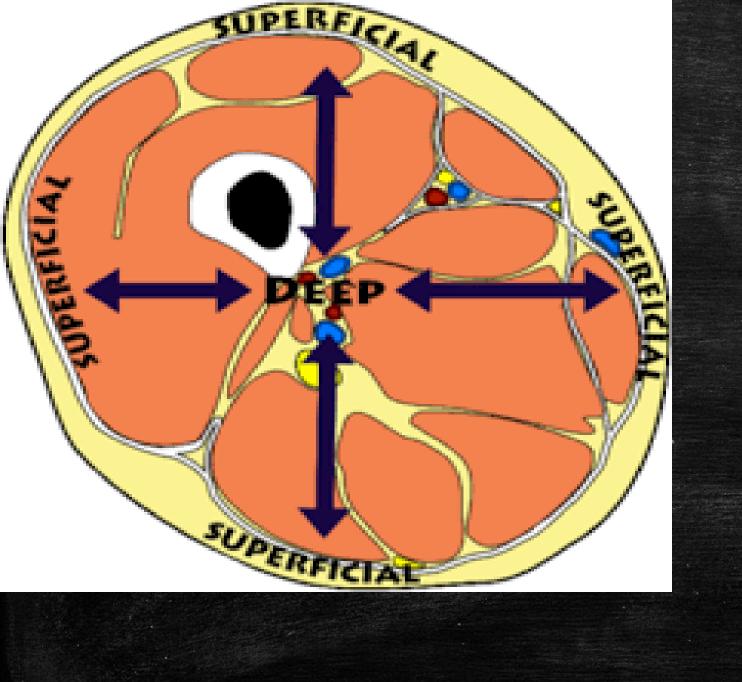
Peculiar to the foot when the sole (plantar) moves toward and away from the median plane.





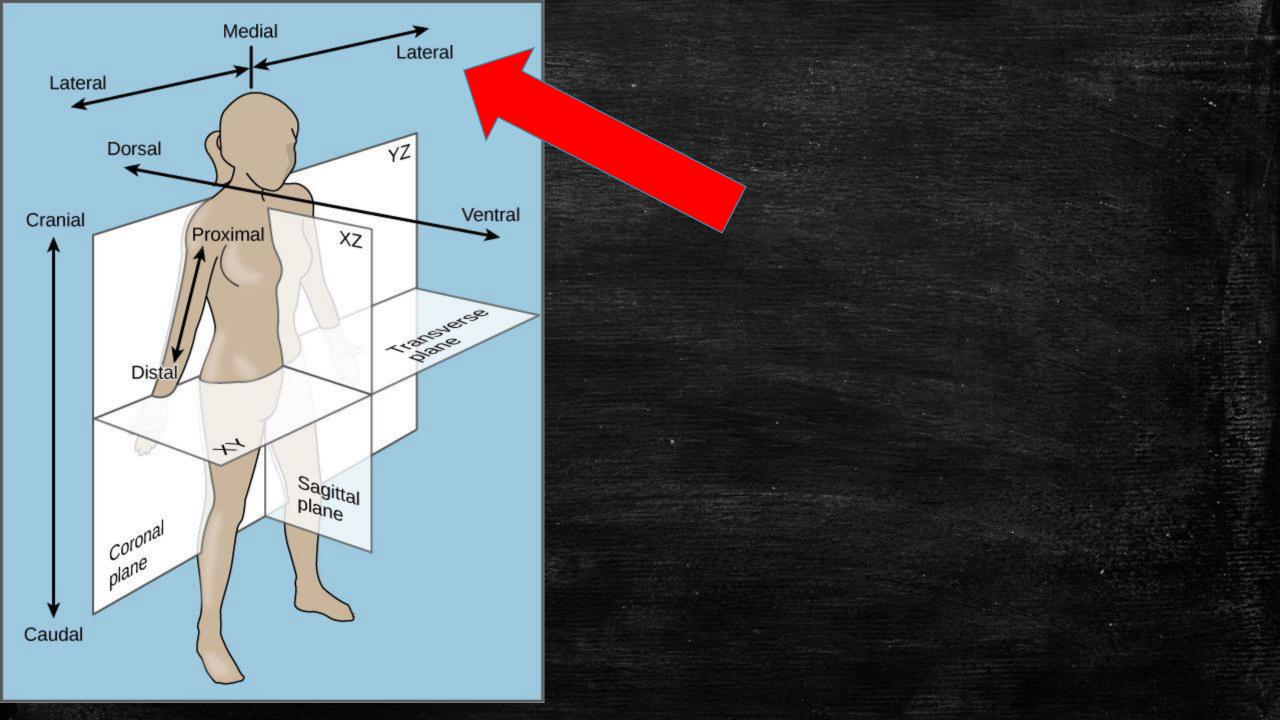
Superficial, intermediate & deep

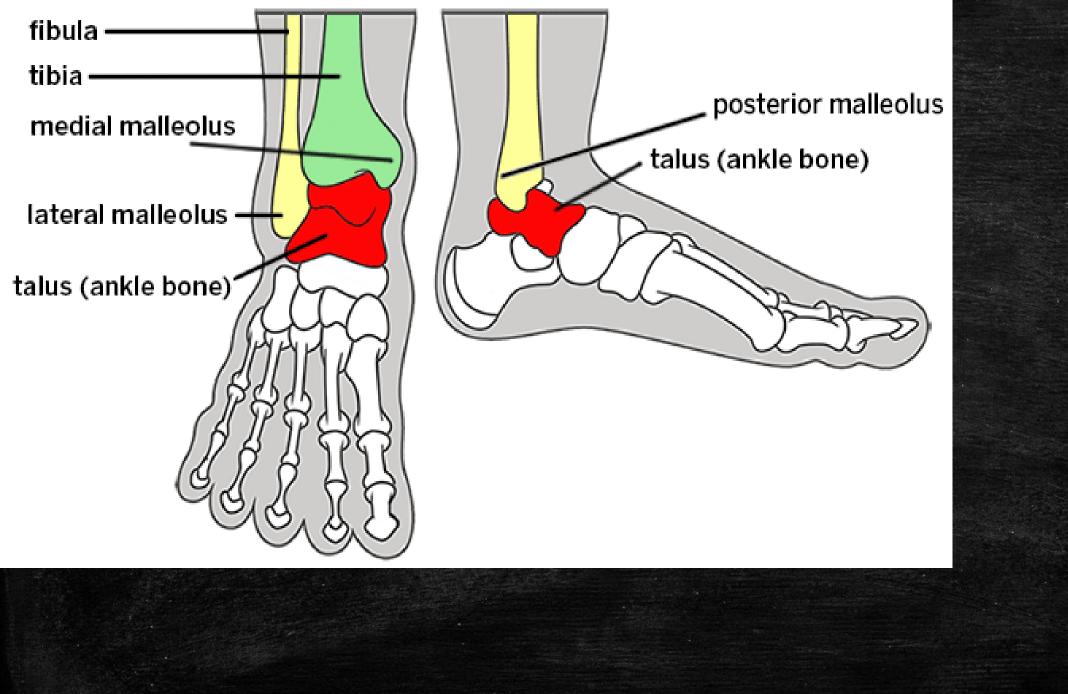
it describes position of structure in relation to the body surface.



Medial & lateral

Nearer and farther away from the median plane





External & internal

In relation to the core or centre

Anterior and posterior

The front and back surface of the body

Also called ventral and dorsal

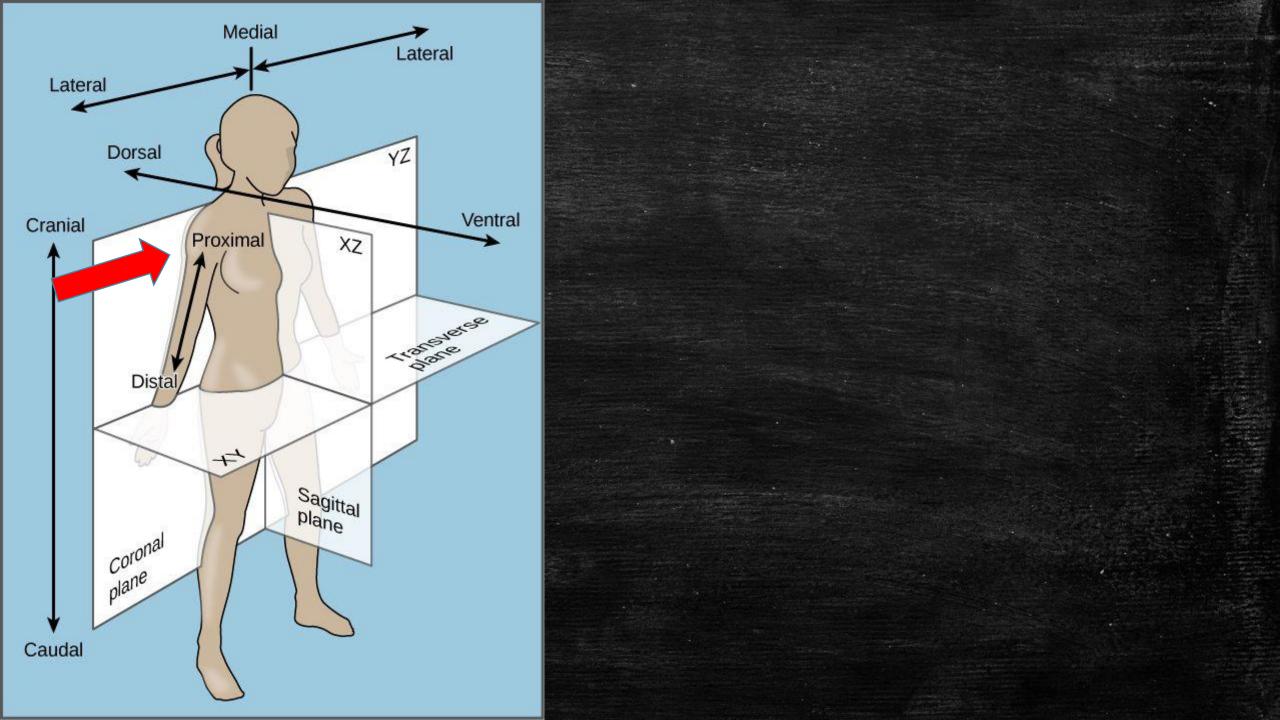
Rostral and caudal

means toward the head and tail (coccyx)

Used in the embryology

Proximal & distal

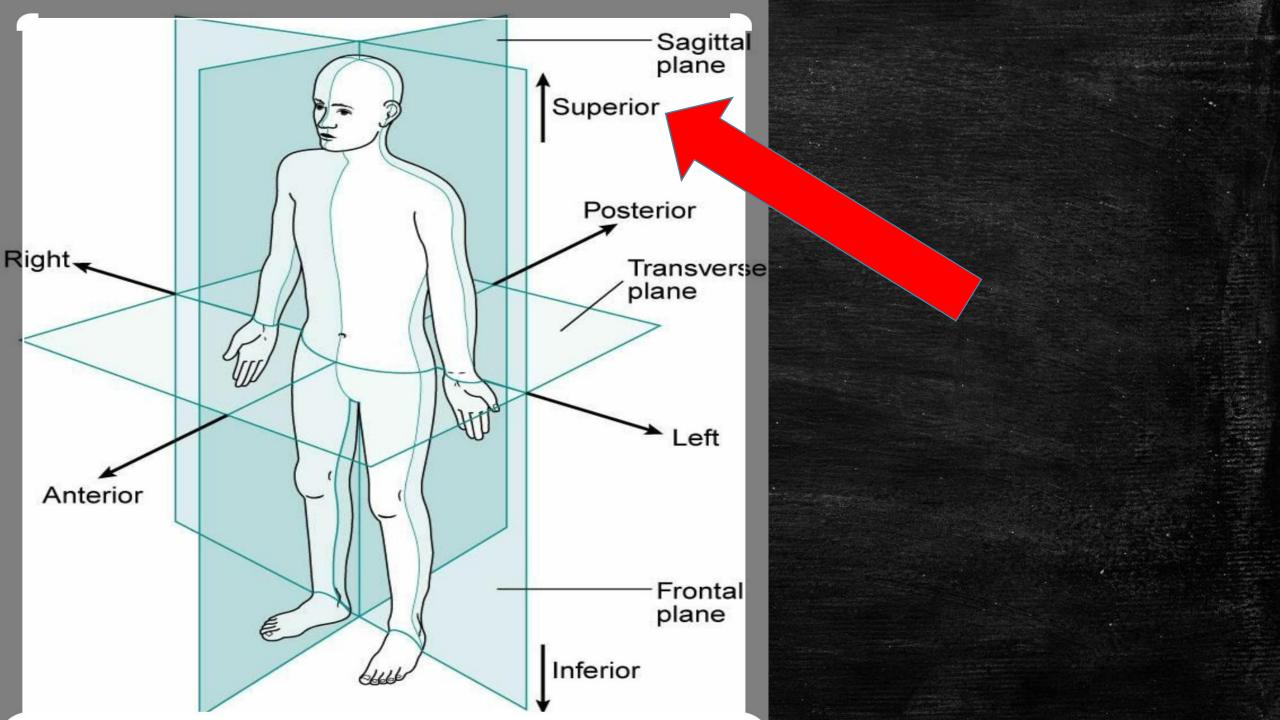
Used to describe a distance from the attachment of a limb



Superior and inferior

Whether toward the vertex of the cranium

or toward the sole of the foot .





Title and Content Layout with Chart



Two Content Layout with Table

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- Second bullet point here
- Third bullet point here

Class	Group A	Group B
Class 1	82	95
Class 2	76	88
Class 3	84	90

Two Content Layout with SmartArt

Group A

- Task 1
- Task 2

Group B

- Task 1
- Task 2

Group C

• Task 1

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