# INTRODUCTION to ANATOMY PART II 

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## Objectives:

At the end of this lecture you must able to:
1-understanding anatomical terminology.
2-understanding positions of the human body .
3-understanding planes and sections.
4-Understanding body movements and terms of laterality.

As stated before


## Repeated students question

## How shall I study

This is done by several steps
since anatomy is a descriptive science so it has special descriptive language so the first step must be understanding this language which is called:

## Anatomic terminology

# Anatomicomedical terminology 

Several positions of the human body causing confusion in the description of various structure and organs so there must be unanimous position ; that is the standard anatomical position



## Globally Adopted postion



Four imaginary planes that intersects
the human body in this position

## 4 Anatomical planes

## 1-median plane

2-saggital plane
3-coronal plane
4-transverse plane.

## Median plane



## Sagittal

plane


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## Coronal

plane



## Transverse plane



## Body sections are divided by planes



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Horizontal section through the pelvic cavity and the hip joints.


MRI scan through the pelvic cavity and the hip joints (horizontal or axial or transverse plane).



MRI scan through the knee joint (sagittal plane).



Decreasing the angle between the bones
To the front or to the back but in the sagittal plane

Plantarflexion
dorsiflexion


Increasing the angle between the bones
To the front or to the back but in the sagittal plane


Moving away from the median plane in the frontal plane (coronal plane)

Moving toward the median plane in the frontal plane


Combination of the former 4 movements leading to circular movement


Around longitudinal axis Involves:
$\square$ medial rotation (internal)
$\square$ Lateral rotation (external)

Rotational movement of the forearm and hand around longitudinal
Axis so that the palm of the hand faces superiorly in case of supination
And inferiorly in case of pronation.


## Pushing any of the digits by the thumb

Reposition of the thumb when it returned back to its anatomical Position .



## Protrusion \& retrusion

Forward and backward movement of mandible and tongue.

(L) Protrusion and retrusion of jaw at temporomandibular joints

(M) Protraction and retraction of scapula on thoracic wall

## Protraction \& retraction

Forward and backward movement of the shoulder.

(L) Protrusion and retrusion of jaw at temporomandibular joints

(M) Protraction and retraction of scapula on thoracic wall



Moving a part of the body upward or downward

Like elevation \& depression of shoulders
Eyelids when you open and close your eyes
Tongue when you move it up and down against
palate and mouth floor .

Peculiar to the foot when the sole ( plantar) moves
toward and away from the median plane.


Dorsiflexion and plantarflexion of foot at ankle joint


## Terms of relationship\&comparison



## Superficial, intermeciate

it describes position of structure in relation to the body surface.


## Medial \& lateral

Nearer and farther away from the median plane



## External \& internal

In relation to the core or centre

## Anterior and <br> posteryor

The front and back surface of the body
Also called ventral and dorsal

## Rostral and caudal

means toward the head and tail ( coccyx)

Used in the embryology

## Proximal \& distad

Used to describe a distance from the attachment of a limb


## Superior and infersior

Whether toward the vertex of the cranium
or toward the sole of the foot .

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Sight Sagittal
Ansital Saperior
Sight Sagittal


Sanittal
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Sanittal
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## Title and Content Layout with Chart

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## Two Content Layout with Table

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- Second bullet point here
- Third bullet point here

| Class | Group A | Group B |
| :--- | :---: | :---: |
| Class 1 | 82 | 95 |
| Class 2 | 76 | 88 |
| Class 3 | 84 | 90 |

## Two Content Layout with SmartArt

## Group A

- Task 1
- Task 2

Group B

- Task 1
- Task 2


## Group C

- Task 1
- First bullet point here
- Second bullet point here
- Third bullet point here

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