

Lecture six

Objectives

At the end of this lecture the student must know:

- 1- classification and parts of skeletal system.
- 2- classification of bones.
- 3- the boney landmarks.

Skeletal system

Osteology
and
Arthrology

1. Axial Skeleton

a. Skull			
8	cranial bones		
	frontal 1	temporal 2	
	parietal 2	sphenoid 1	
	occipital 1	ethmoid 1	
14	facial bones		
	maxilla 2	lacrimal 2	
	zygomatic 2	nasal 2	
	palatine 2	vomer 1	
	inferior nasal concha 2		
	mandible 1		22 bones
<hr/>			
b. Middle ear bones			
	malleus 2		
	incus 2		
	stapes 2		6 bones
<hr/>			
c. Hyoid			
	hyoid bone 1		1 bone
<hr/>			
d. Vertebral column			
	cervical vertebra 7		
	thoracic vertebra 12		
	lumbar vertebra 5		
	sacrum 1		
	coccyx 1		26 bones
<hr/>			
e. Thoracic cage			
	rib 24		
	sternum 1		25 bones
<hr/>			



2. Appendicular Skeleton

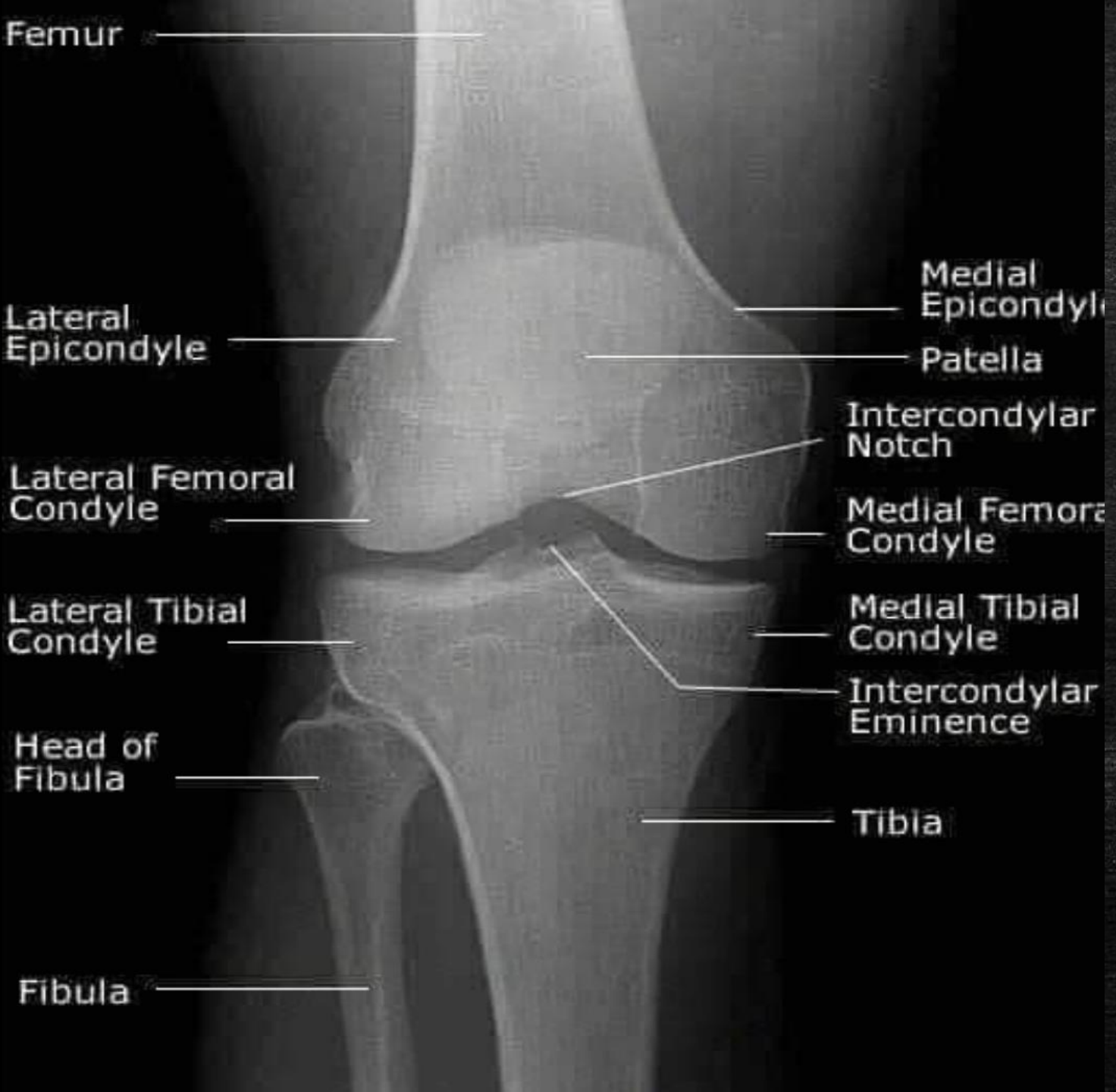
a. Pectoral girdle			
	scapula 2		
	clavicle 2		4 bones
<hr/>			
b. Upper limbs			
	humerus 2		
	radius 2		
	ulna 2		
	carpal 16		
	metacarpal 10		
	phalanx 28		60 bones
<hr/>			
c. Pelvic girdle			
	hip bone 2		2 bones
<hr/>			
d. Lower limbs			
	femur 2		
	tibia 2		
	fibula 2		
	patella 2		
	tarsal 14		
	metatarsal 10		
	phalanx 28		60 bones
<hr/>			
		Total	206 bones

Divisions of the Skeletal System

TABLE 7.1

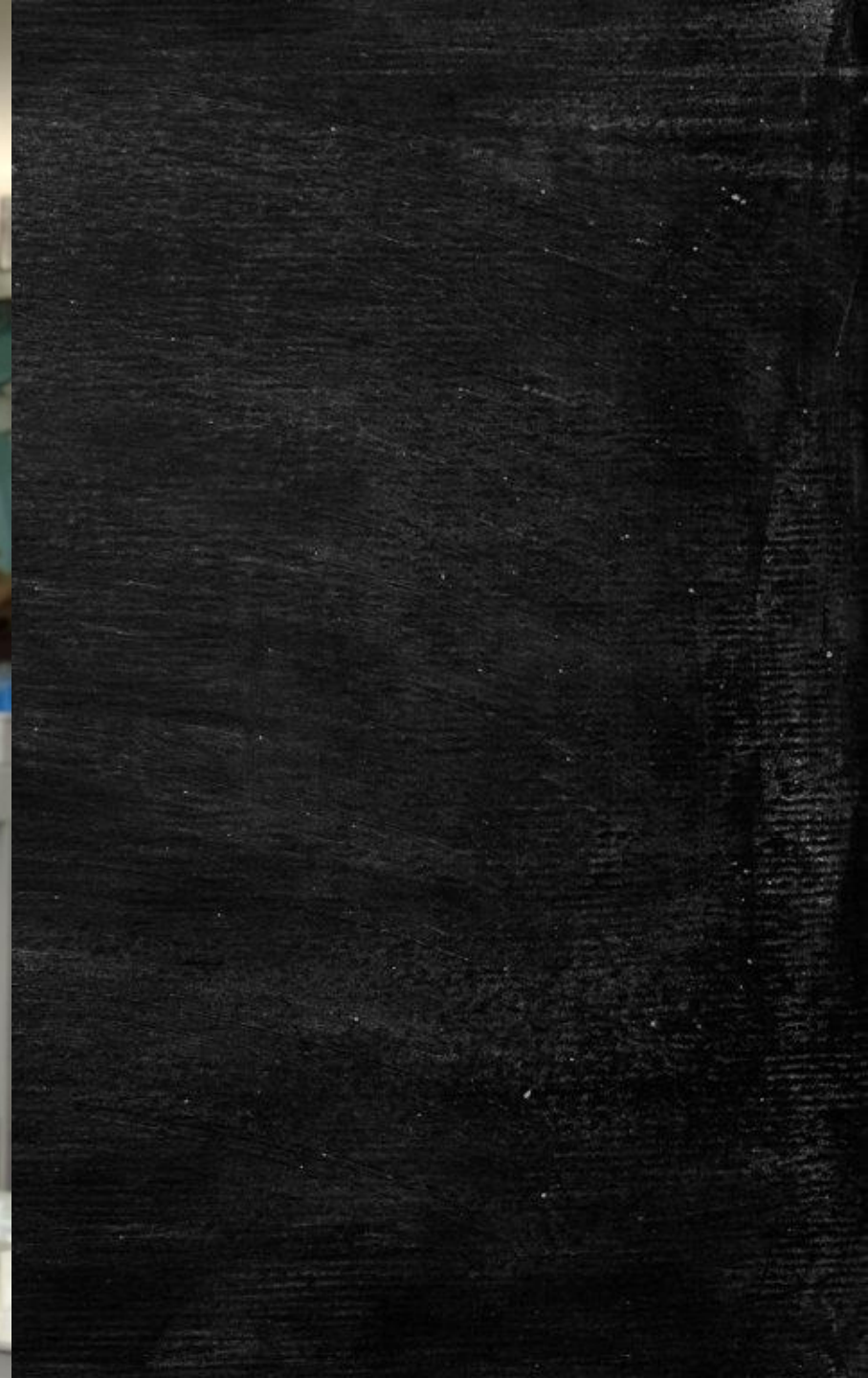
The Bones of the Adult Skeletal System

DIVISION OF THE SKELETON	STRUCTURE	NUMBER OF BONES	DIVISION OF THE SKELETON	STRUCTURE	NUMBER OF BONES
Axial Skeleton			Appendicular Skeleton		
	Skull			Pectoral (shoulder) girdles	
	Cranium	8		Clavicle	2
	Face	14		Scapula	2
	Hyoid	1		Upper limbs	
	Auditory ossicles	6		Humerus	2
	Vertebral column	26		Ulna	2
	Thorax			Radius	2
	Sternum	1		Carpals	16
	Ribs	<u>24</u>		Metacarpals	10
	Subtotal = 80			Phalanges	28
				Pelvic (hip) girdle	
				Hip, pelvic, or coxal bone	2
				Lower limbs	
				Femur	2
				Patella	2
				Fibula	2
				Tibia	2
				Tarsals	14
				Metatarsals	10
				Phalanges	<u>28</u>
				Subtotal = 126	
				Total in an adult skeleton = 206	

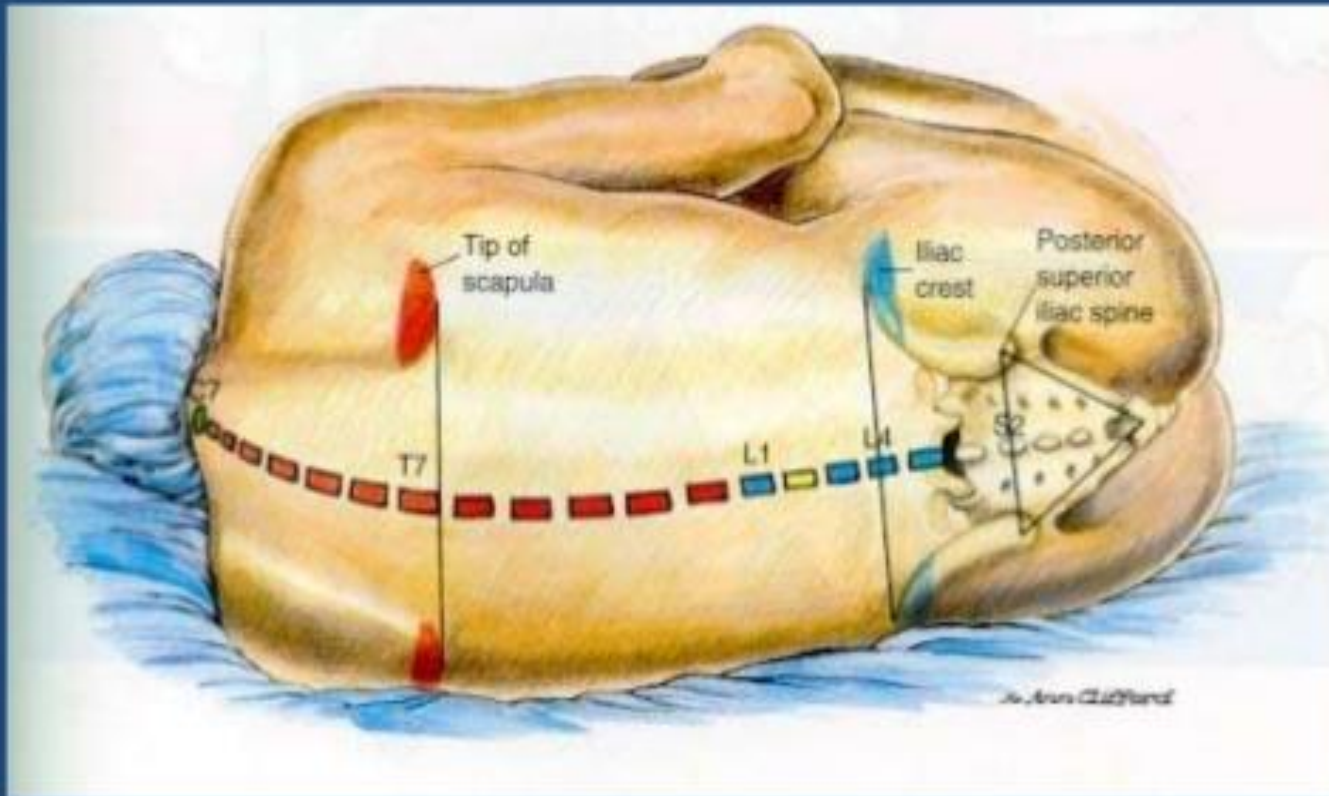








EPIDURAL ANESTHESIA



Skeletal System Anatomy

The skeletal system in an adult body is made up of 206 individual bones. These bones are arranged into two major divisions :
the *axial skeleton* and the *appendicular skeleton*.

**Axial
Skeleton**

vs

**Appendicular
Skeleton**

AXIAL SKELETON VERSUS APPENDICULAR SKELETON

AXIAL SKELETON

Part of the skeleton that consists of the bones of the head and trunk of a vertebrate

Central axis of the human skeleton

Composed of skull, ossicles of the middle ear, vertebral column consisting of a total of 80 bones, hyoid, rib cage, and sternum

Made up of 80 bones

Supports the upright position and protects the internal organs

APPENDICULAR SKELETON

Portion of the skeleton of vertebrates consisting of the bones that support the appendages

Consists of appendages connected to the axial skeleton

Composed of pectoral girdles, arms, forearms, hands, pelvis, legs, feet, and ankles

Made up of 126 bones

Aid in the movement of the body



The axial skeleton runs along the body's midline axis and is made up of 80 bones in the following regions:

Skull (cranium)

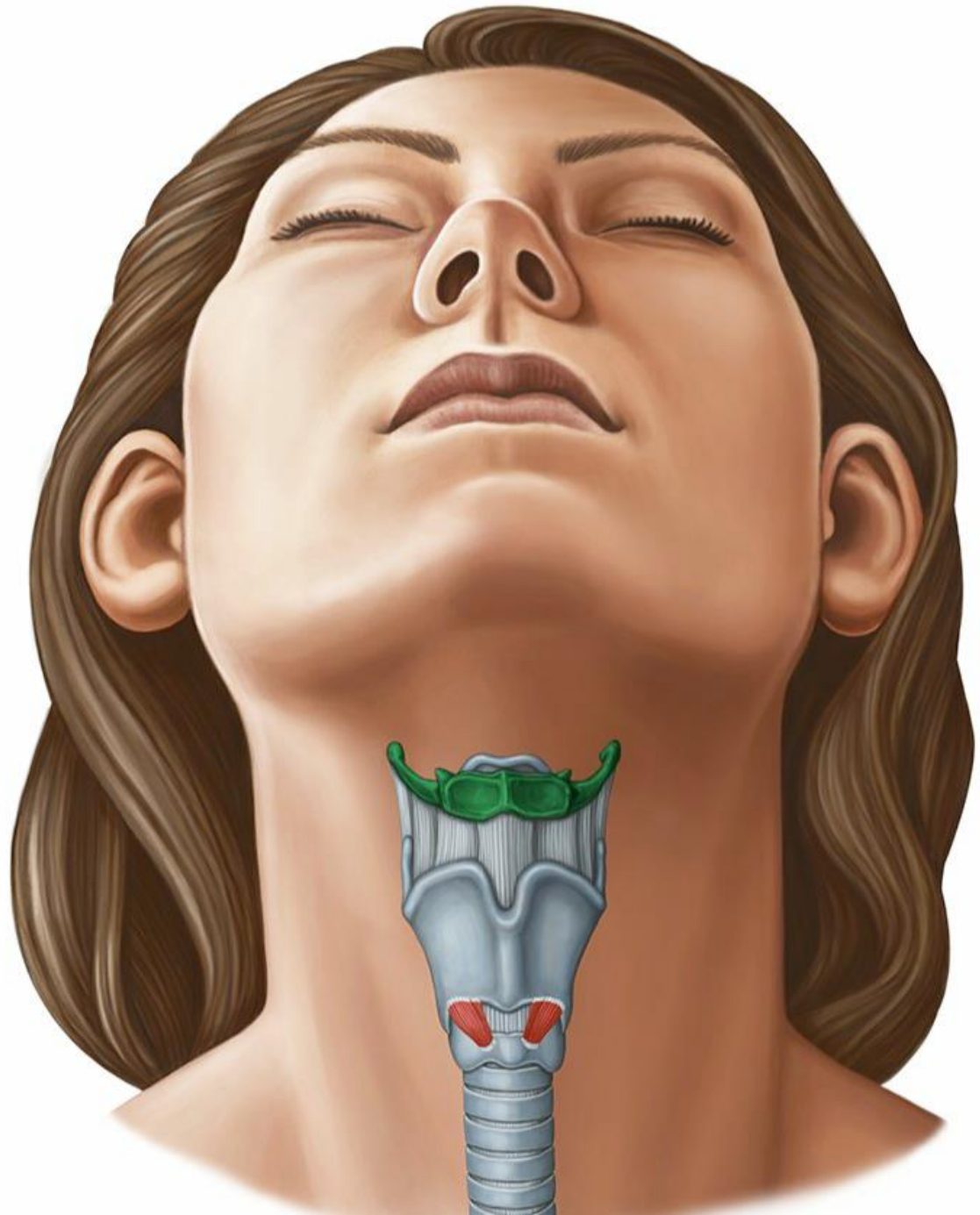
Hyoid

Auditory ossicles

Ribs

Sternum

Vertebral column



The appendicular skeleton

is made up of bones in the following regions:

Upper limbs

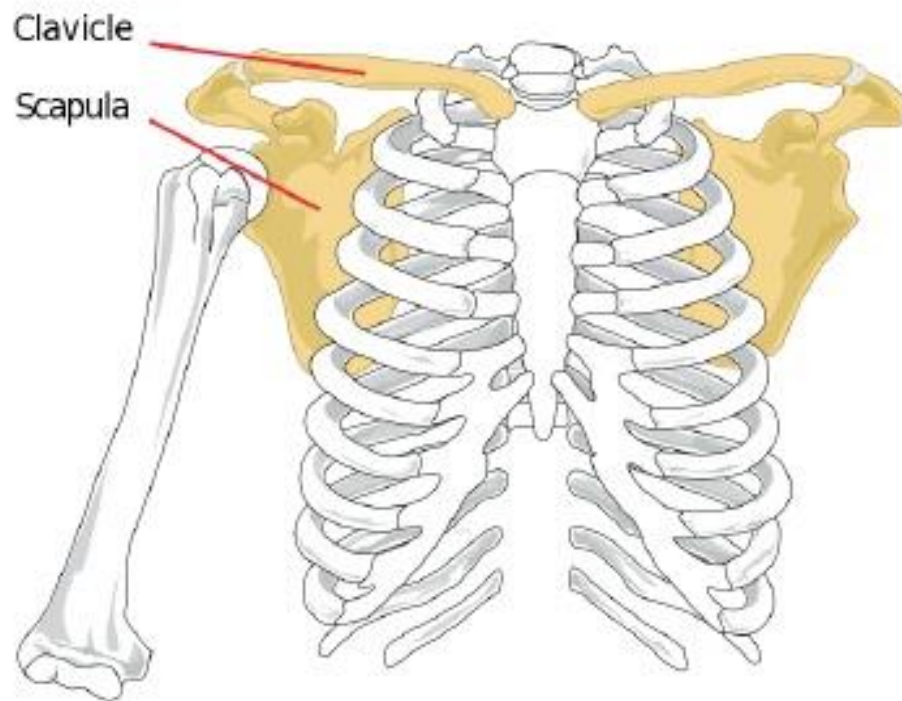
Lower limbs

Pelvic **girdle**

Shoulder (pectoral) **girdle**

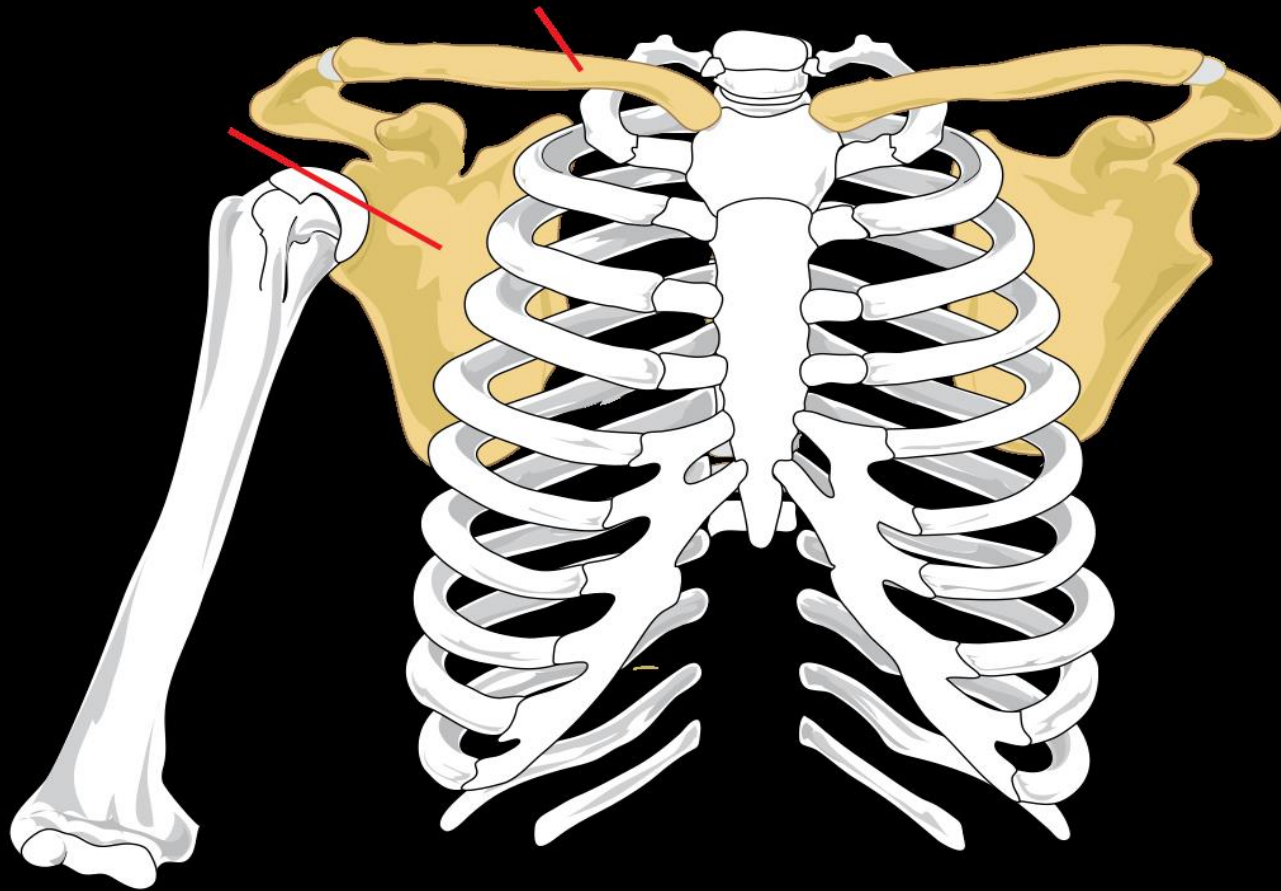
The Pectoral Girdle

Also called the “*shoulder girdle*,” the *pectoral girdle* contains *four* (4) bones. It functions to ***anchor and support the upper extremities*** and serves as an important ***attachment site for a great number of muscles that help to move the arm***. The bones of the pectoral girdle are as follows:



Front view

The girdle is the proximal part of each limb that is closely associated with the trunk

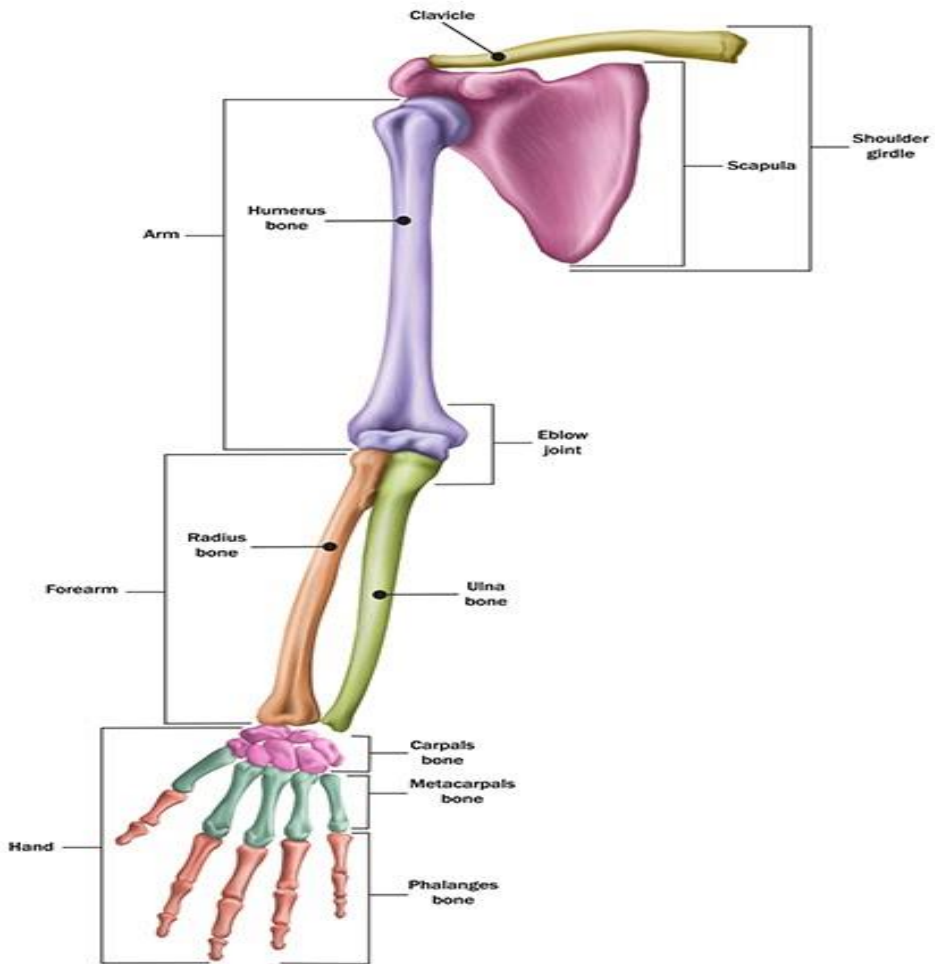


Front view

The distal part is free

Bones of the upper limb

Anterior view



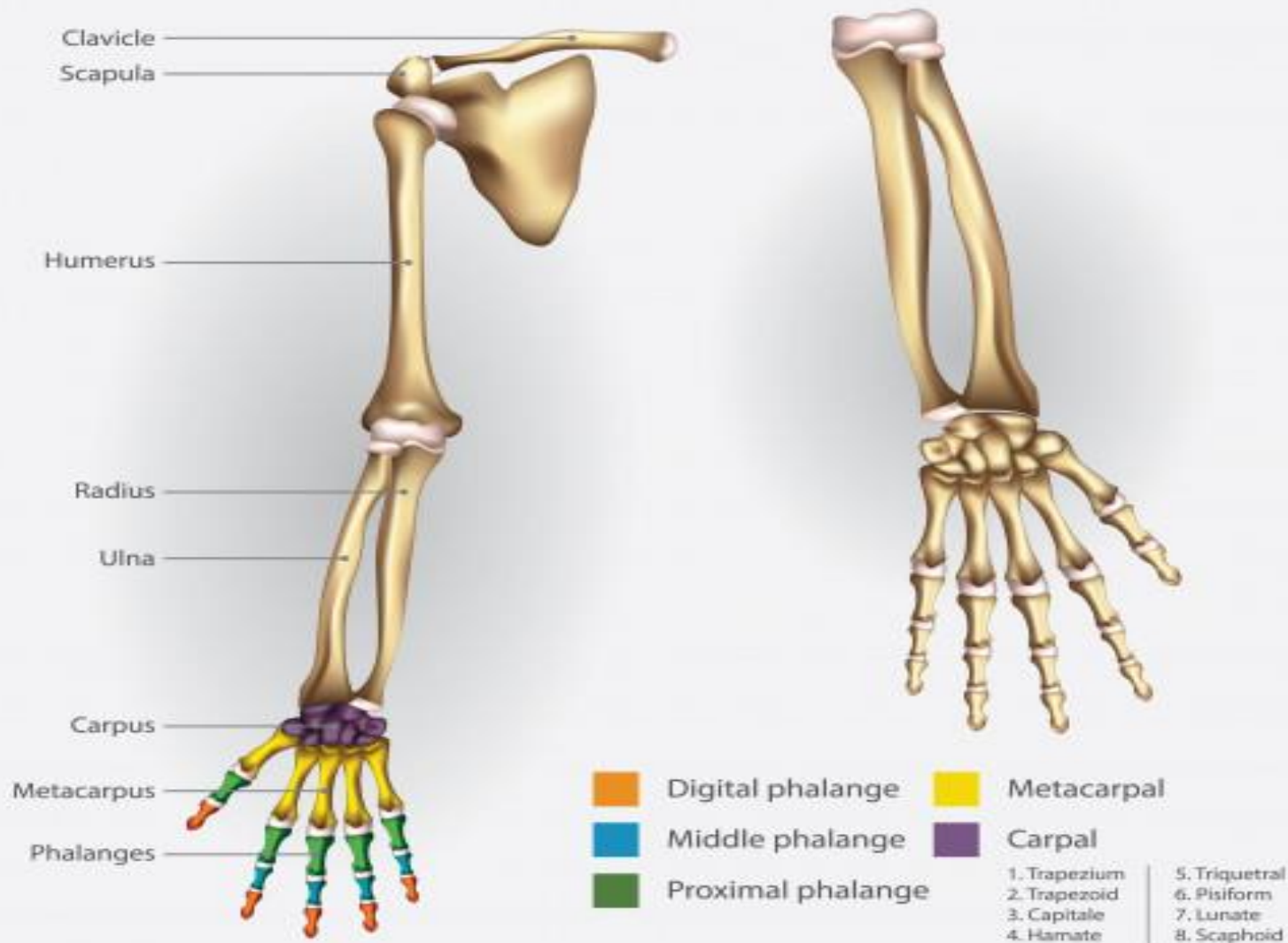
Pectoral Girdle

scapula

clavicle

Upper Extremities

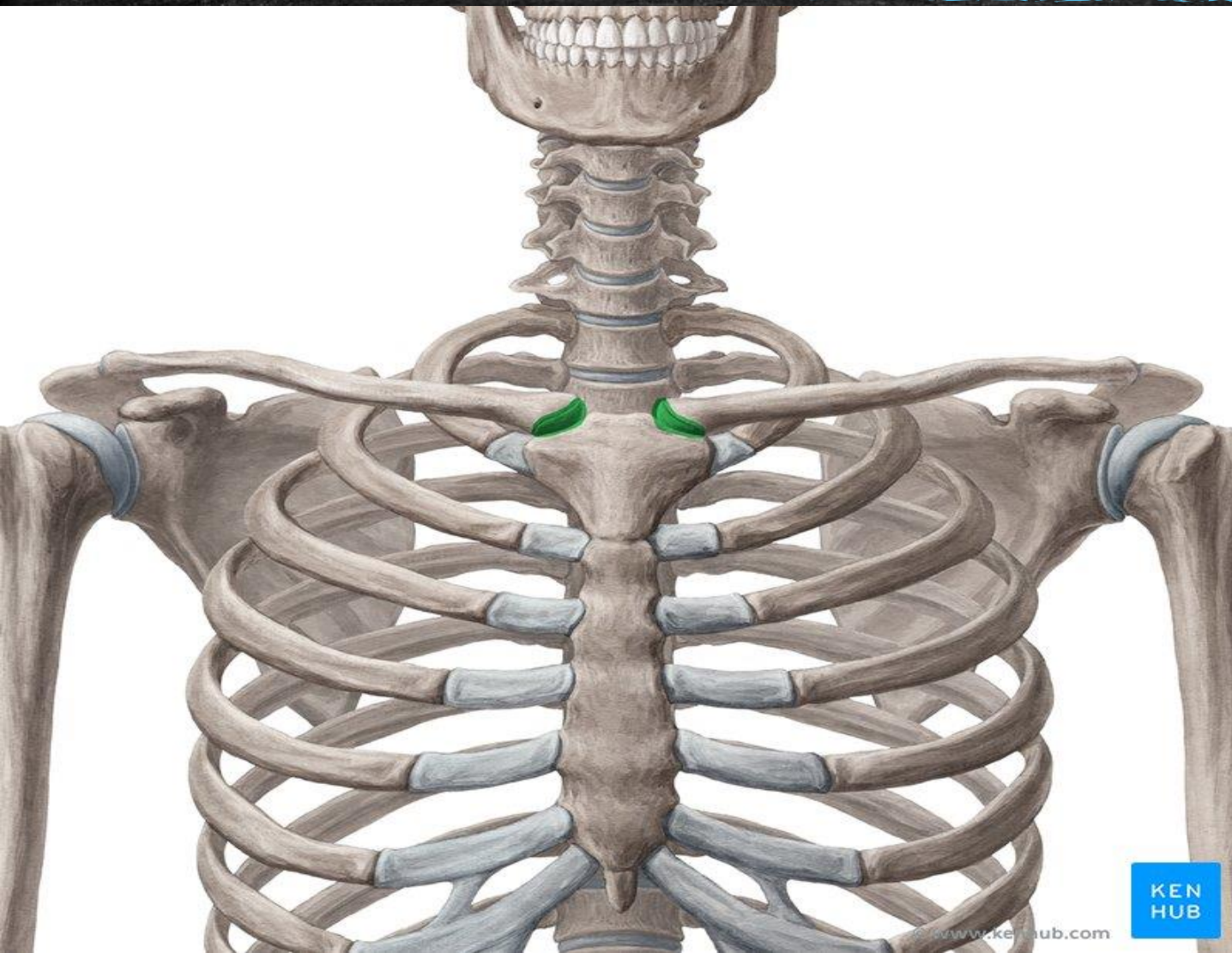
Humerus , radius , ulna , carpal bones ,
metacarpal bones and phalanges .



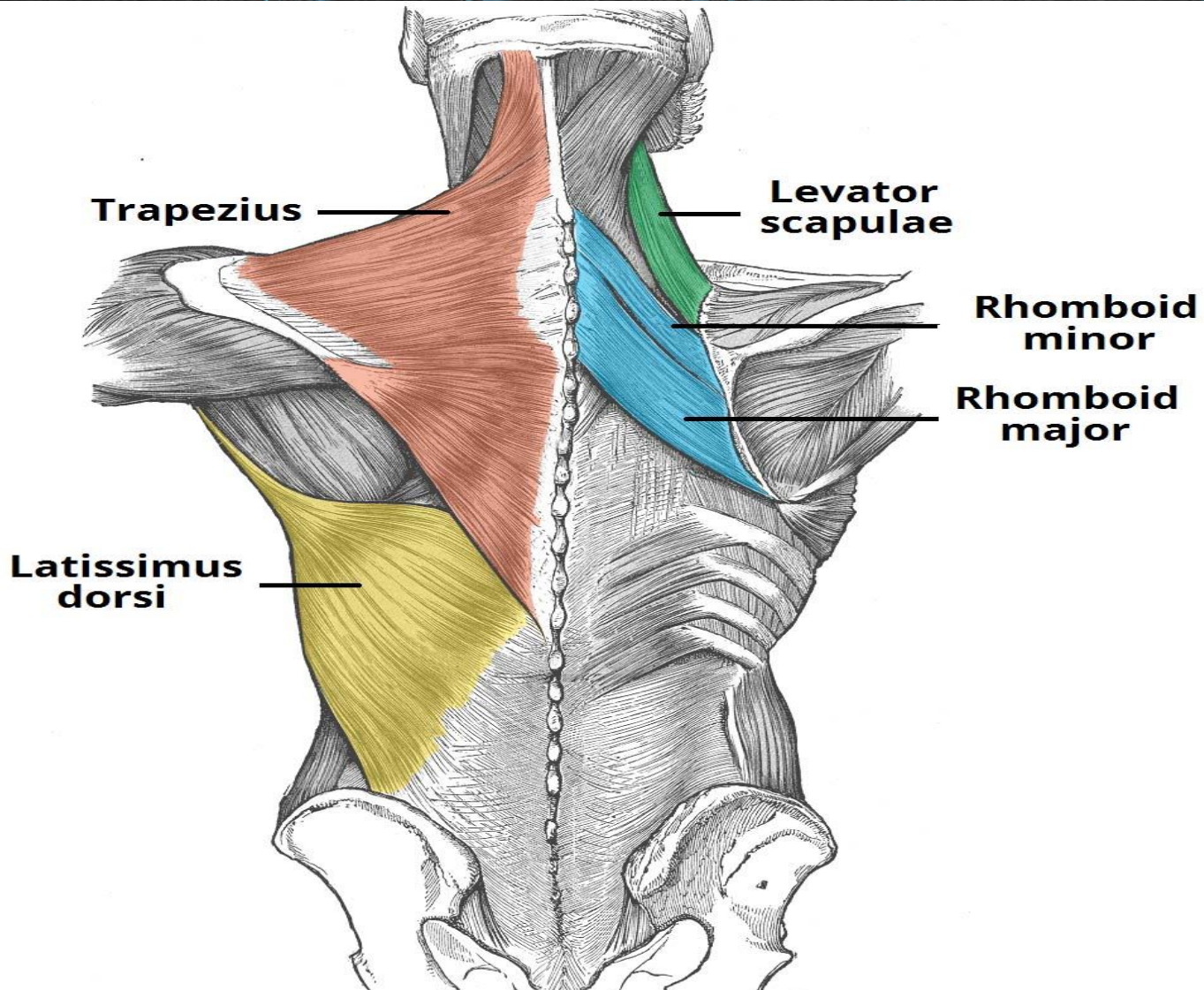
HAND BONE

Lorem ipsum dolor sit amet, consectetur elit, tempor incididunt labore et dolore.

Clavicle attached to the axial skeleton
by a movable joint



Scapula attached to the axial skeleton by muscles only



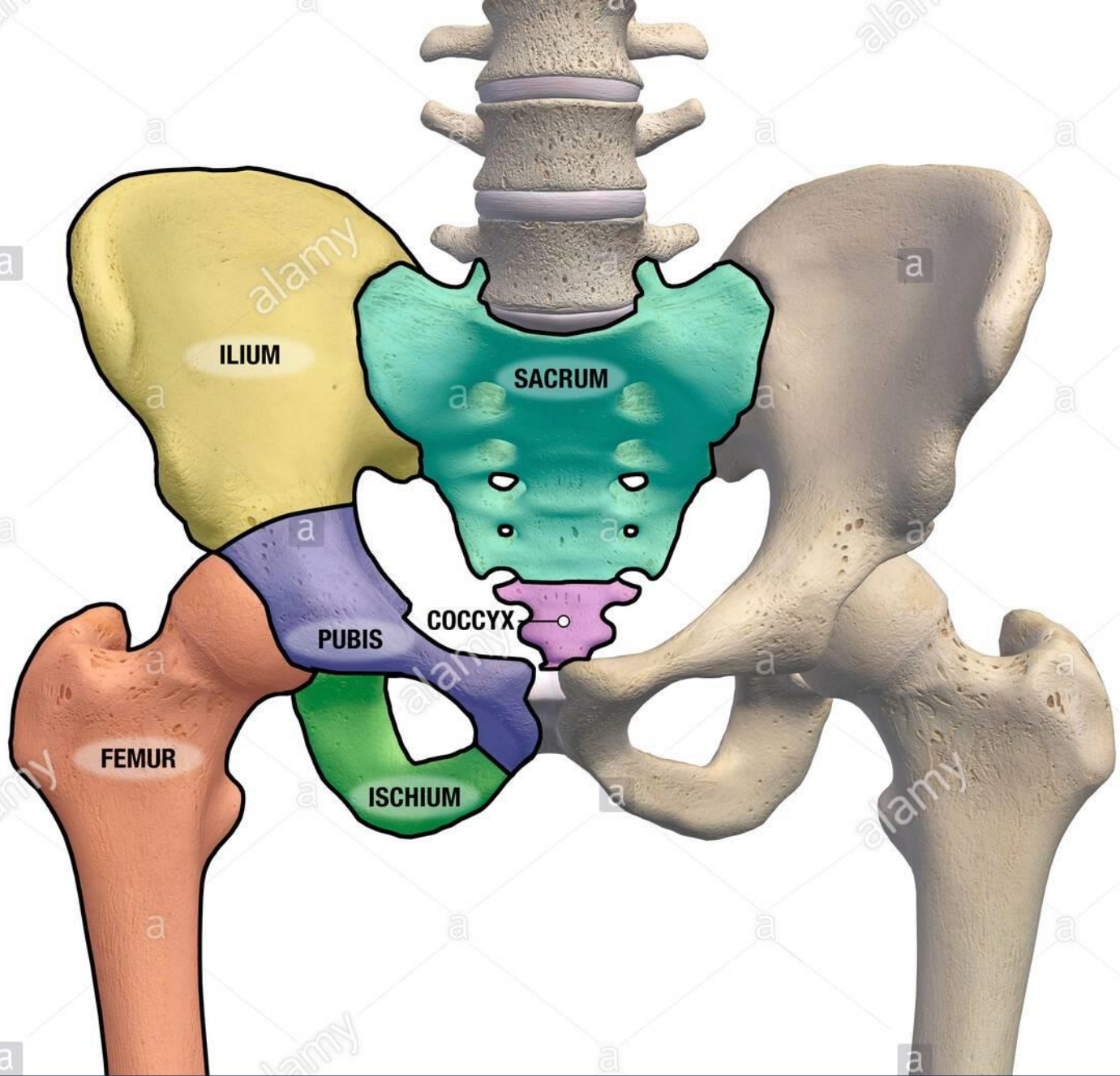
Pelvic Girdle

sacrum

os coxae (hip) (each contains 3 fused bones which are ilium, ischium and pubis).

Lower Extremities

femur , tibia , fibula , patella , tarsal bones , metatarsal bones and phalanges .



Vertebrae

33-34 vertebrae form the vertebral column of the human body.

They are named by region:

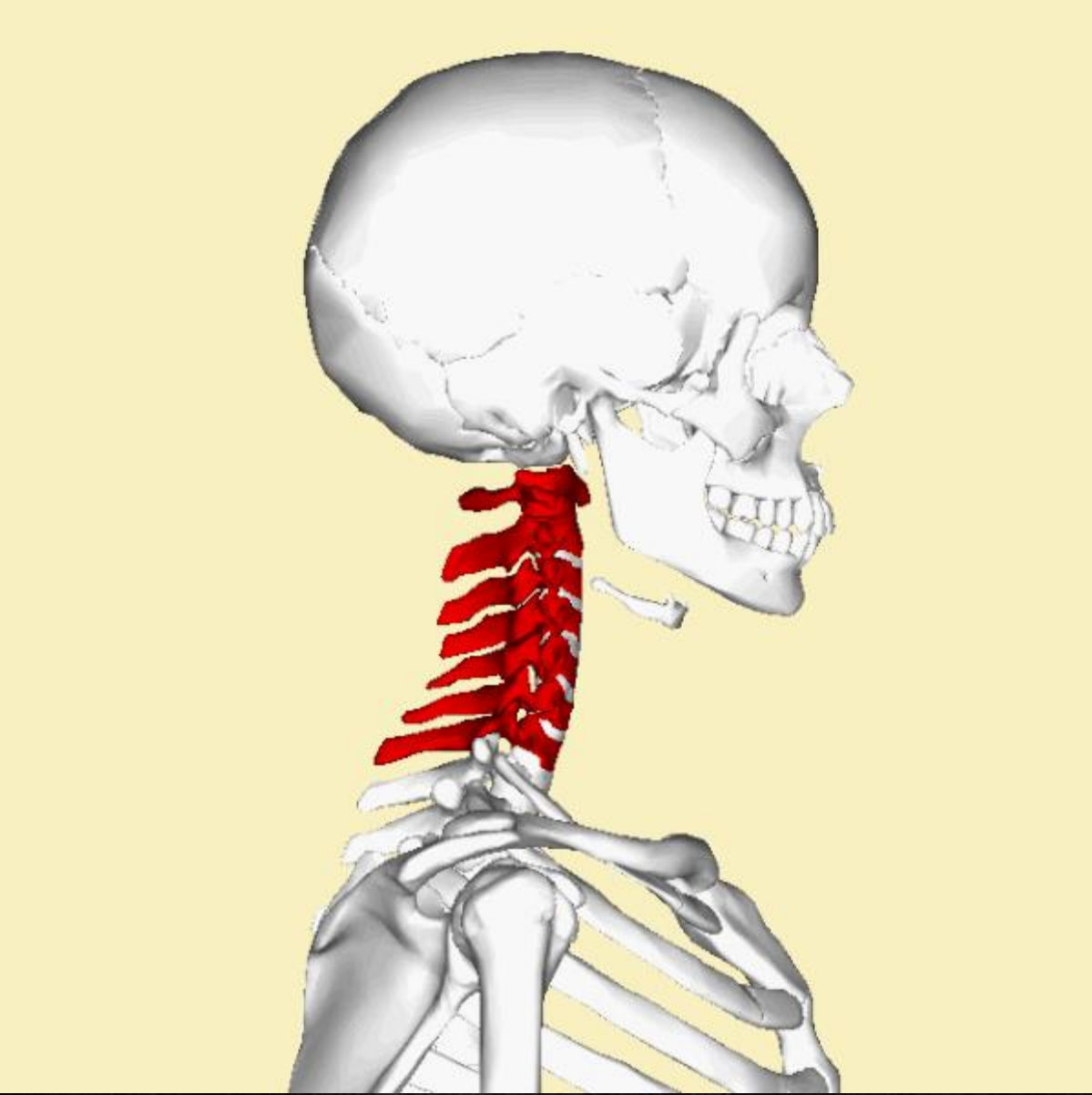
Cervical (neck) - 7 vertebrae

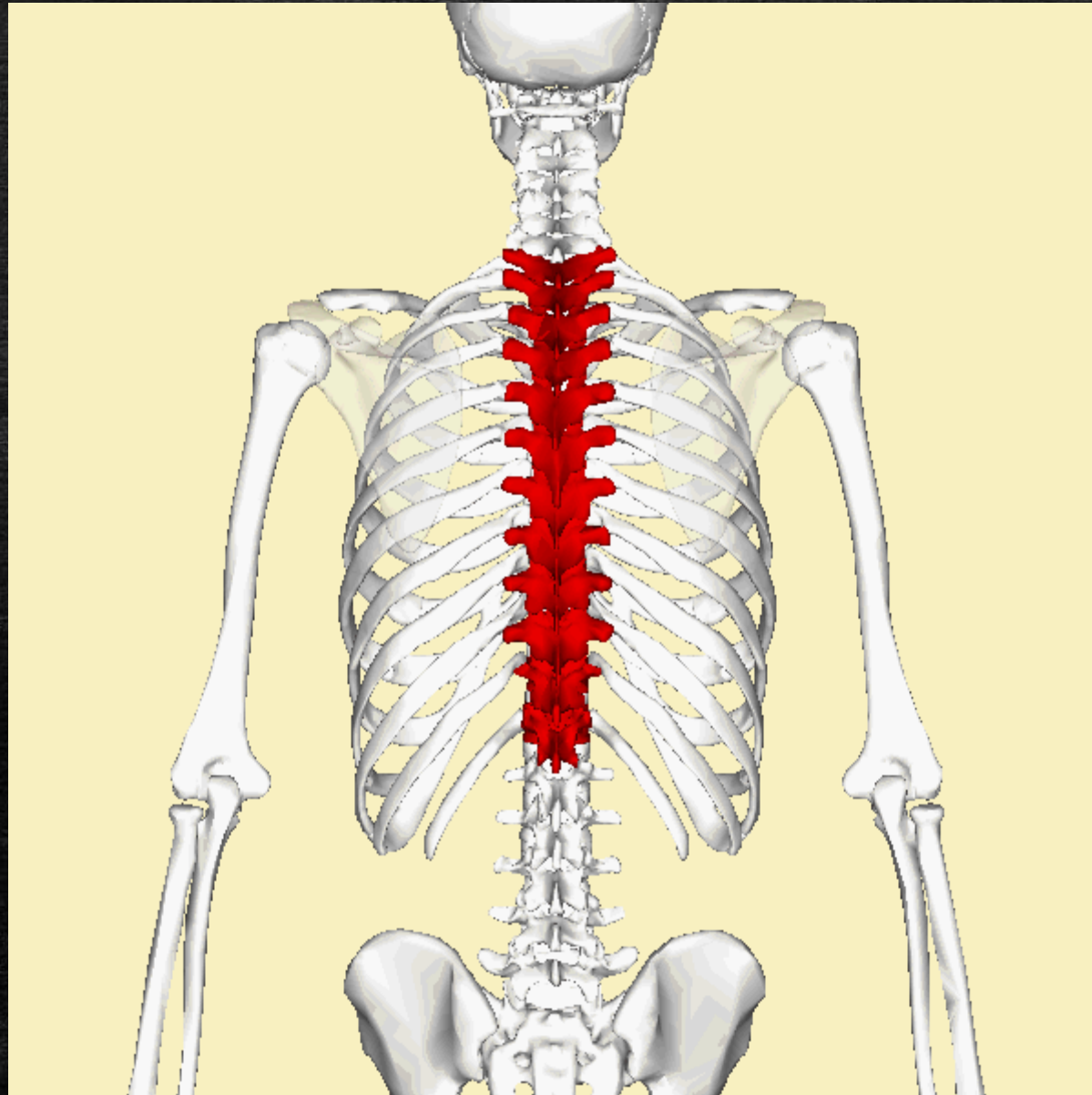
Thoracic (chest) - 12 vertebrae

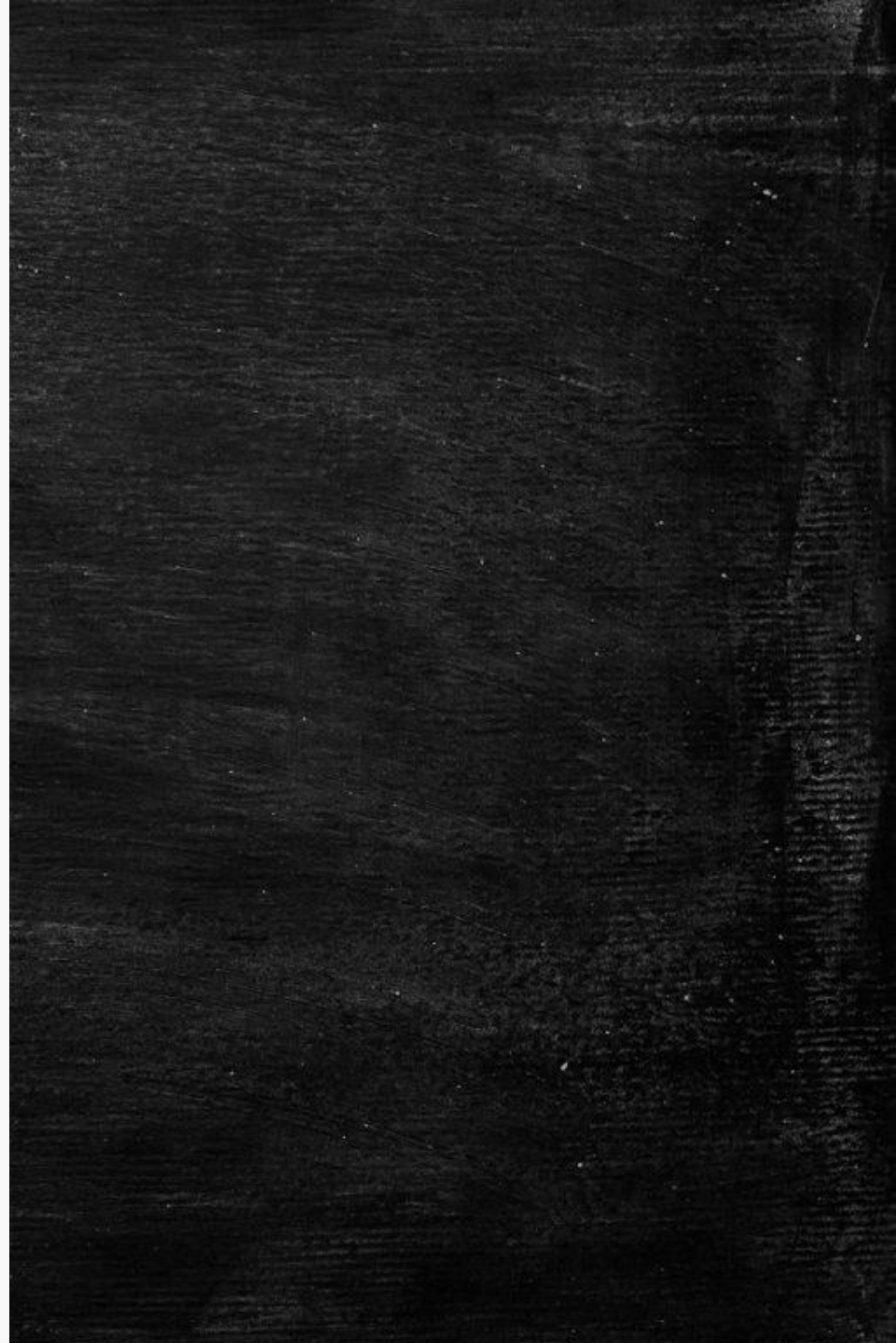
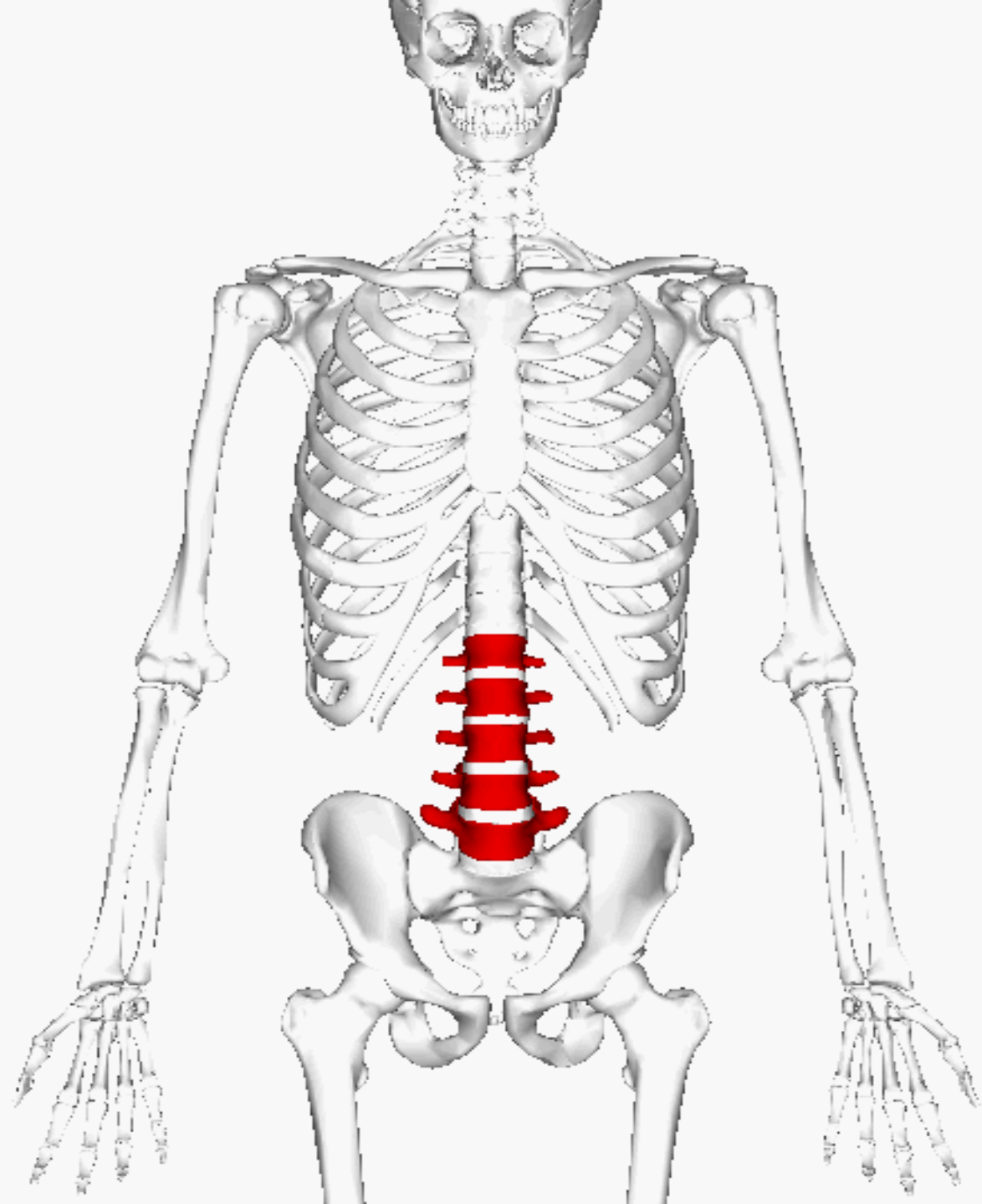
Lumbar (lower back) - 5 vertebrae

Sacrum 5 fused vertebra

Coccyx (tailbone) 4-5 vertebra (vestigial)



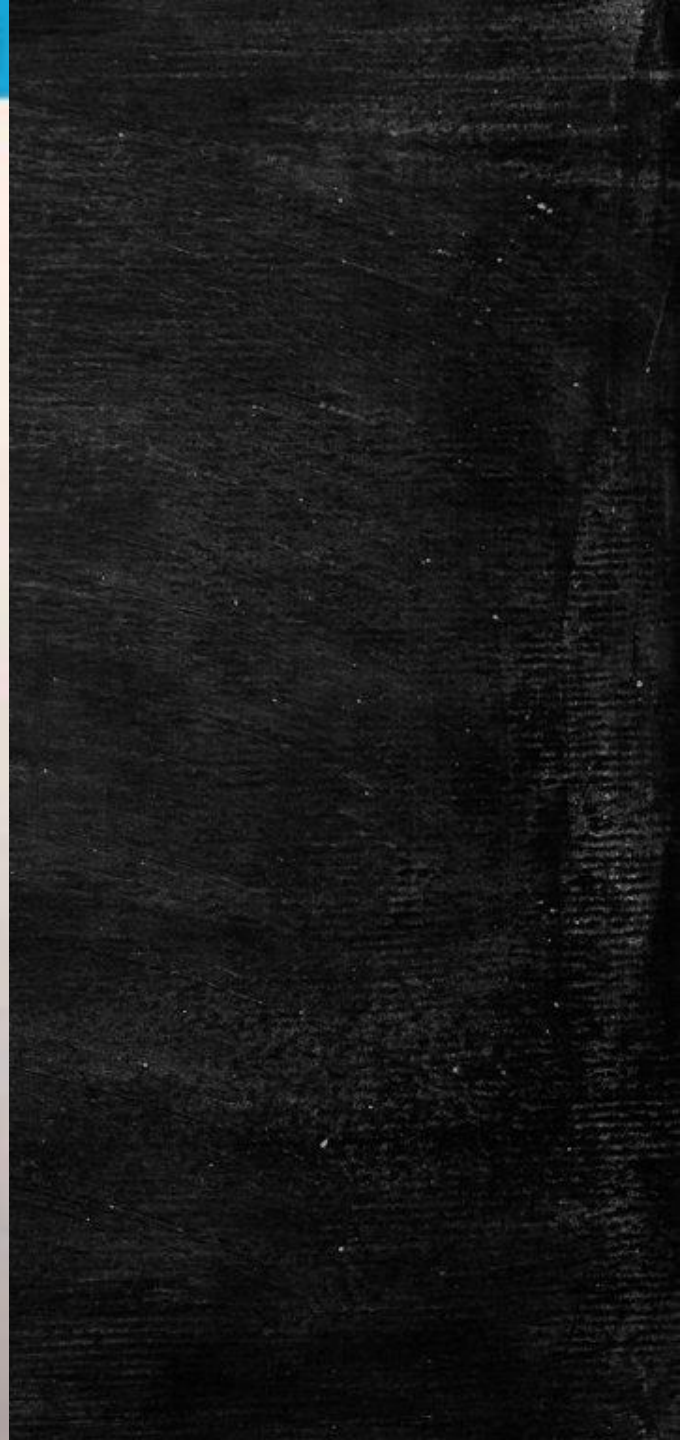






The vertebrae are separated from each other by intervertebral discs which are fibrocartilagenous in structure that allow the spine to flex and extend as well as rotated and also play a role in the spread of the body weight along the column .

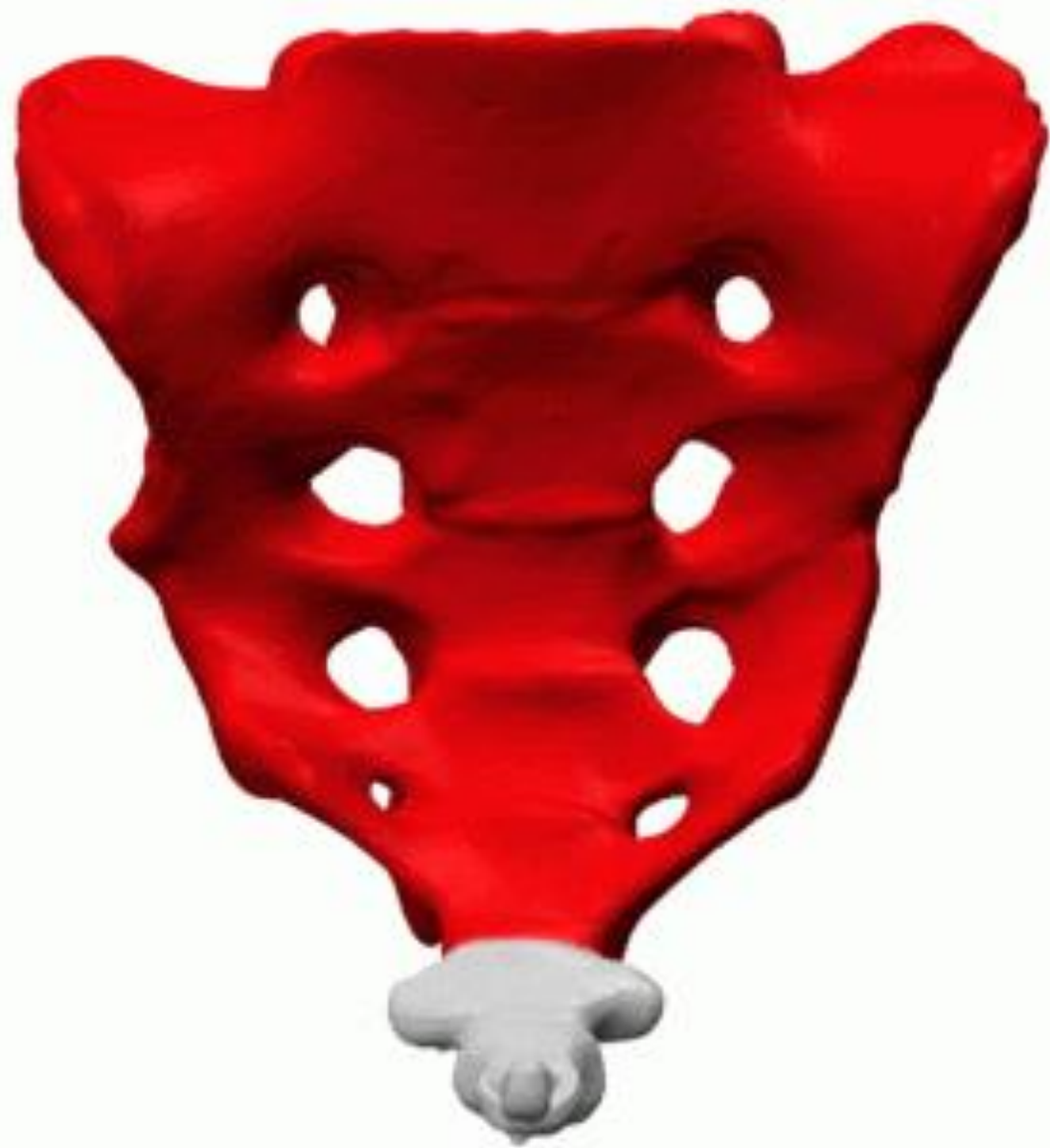


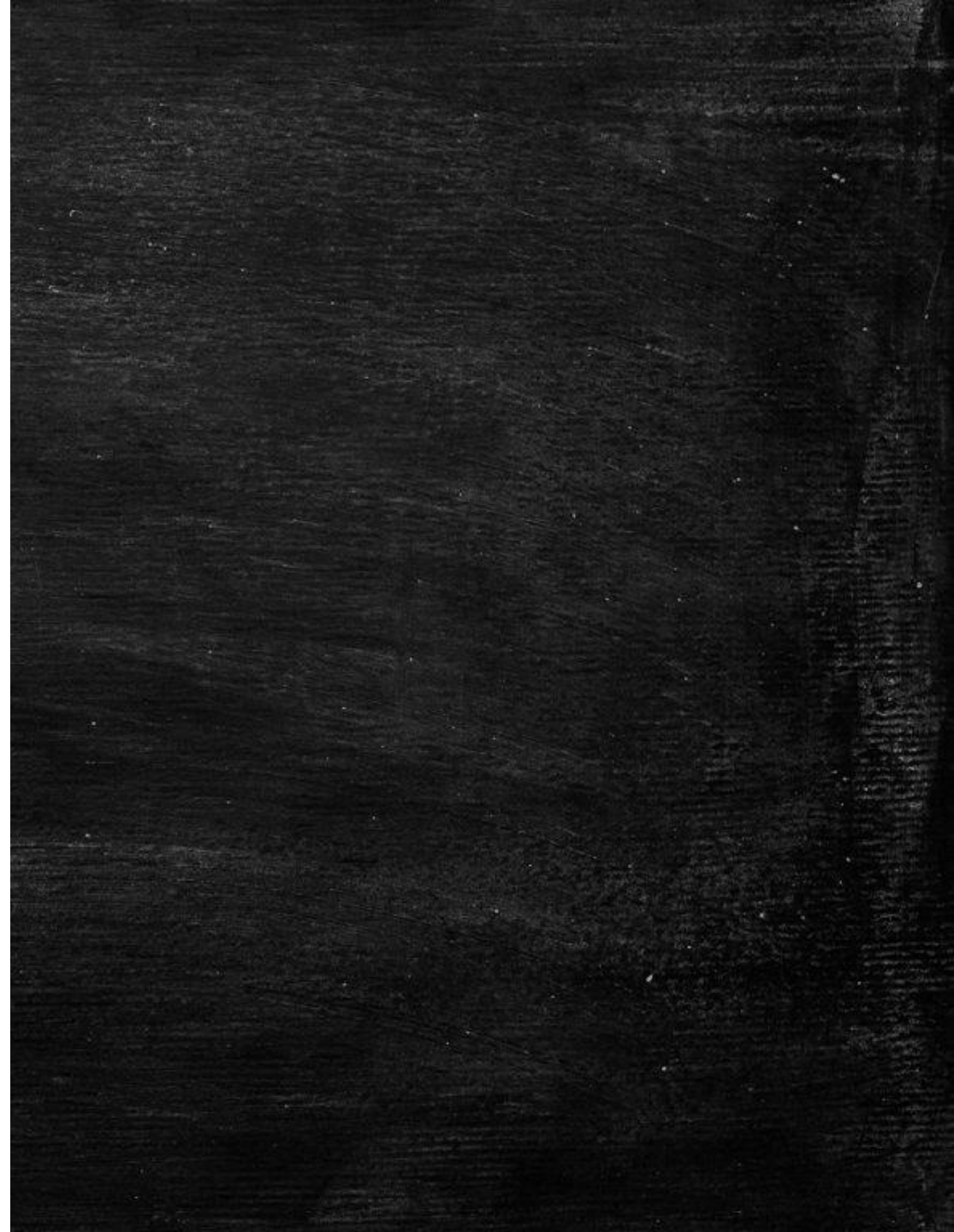


Sacrum and coccyx

The sacral and coccygeal vertebra are fused together

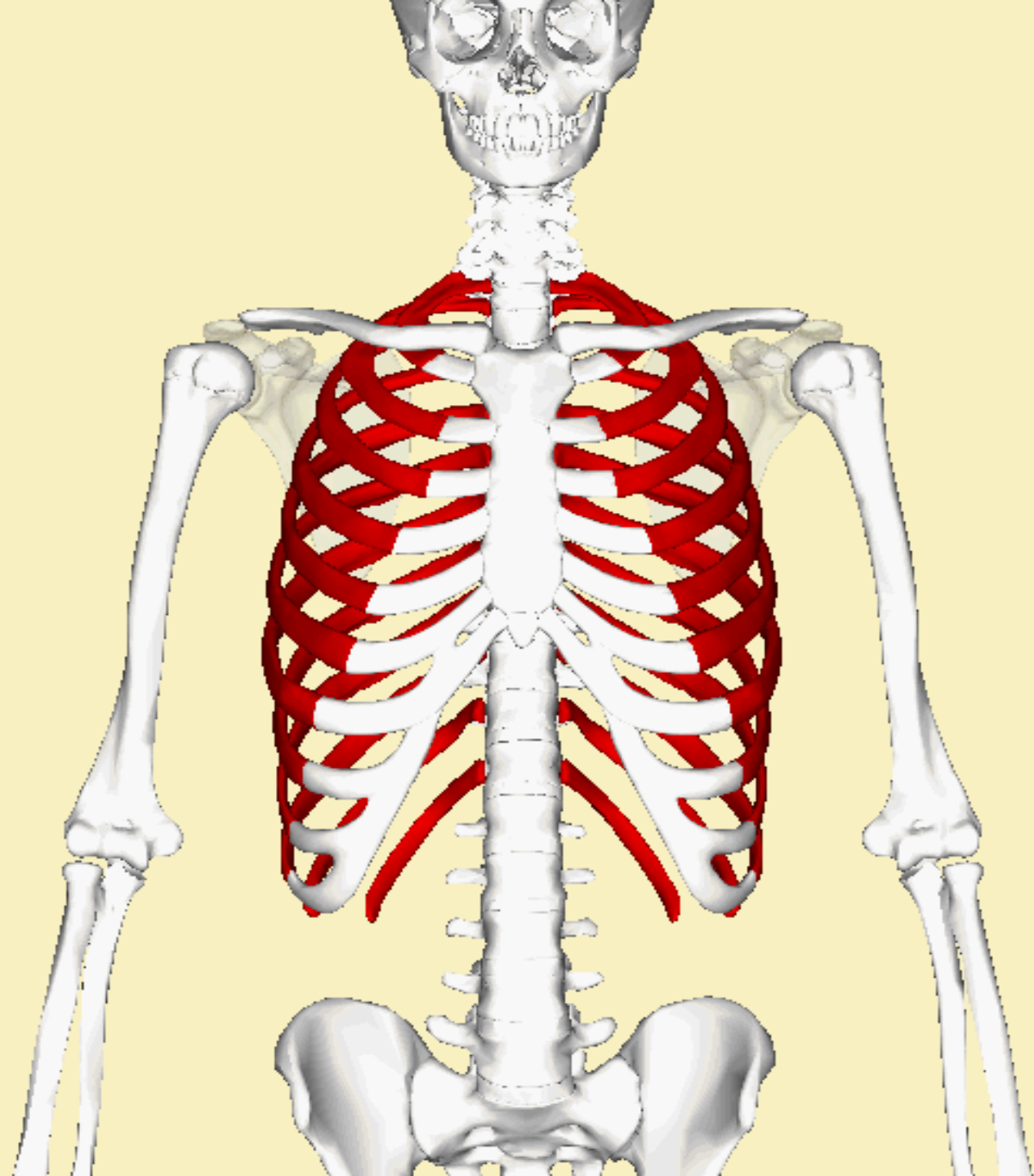
Without any intervening disc so they appear as one piece .

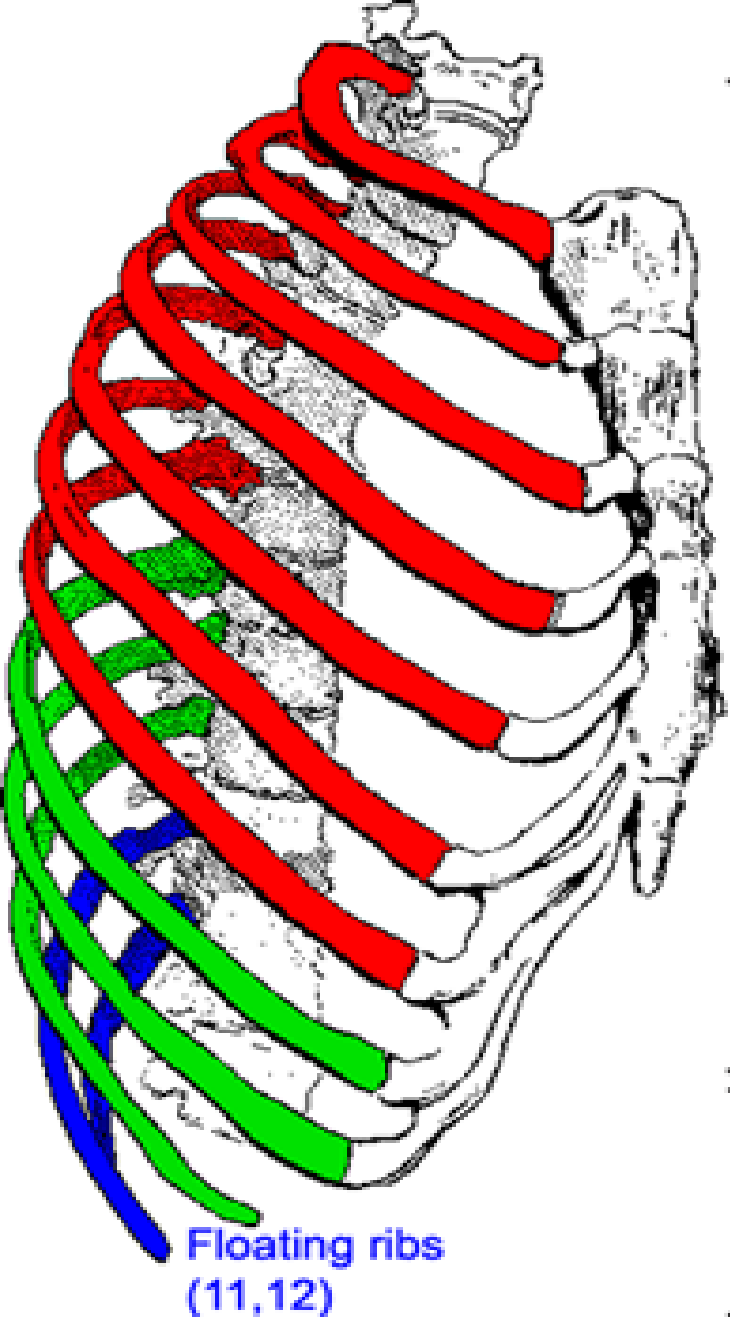




Ribs

There are 12 ribs That attached to the sides of the sternum and articulated posteriorly with the sides of the thoracic vertebrae .





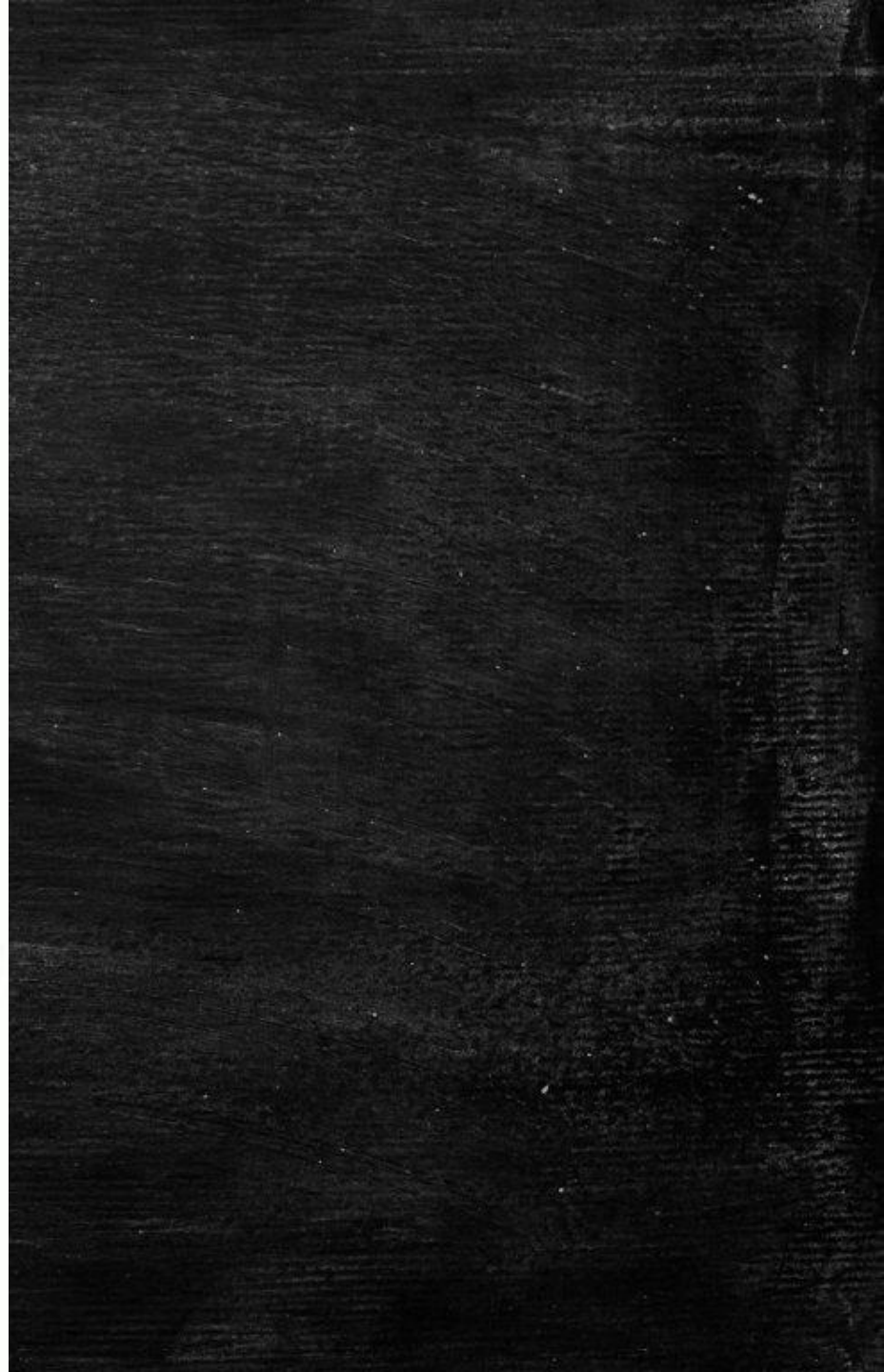
True ribs
(1-7)

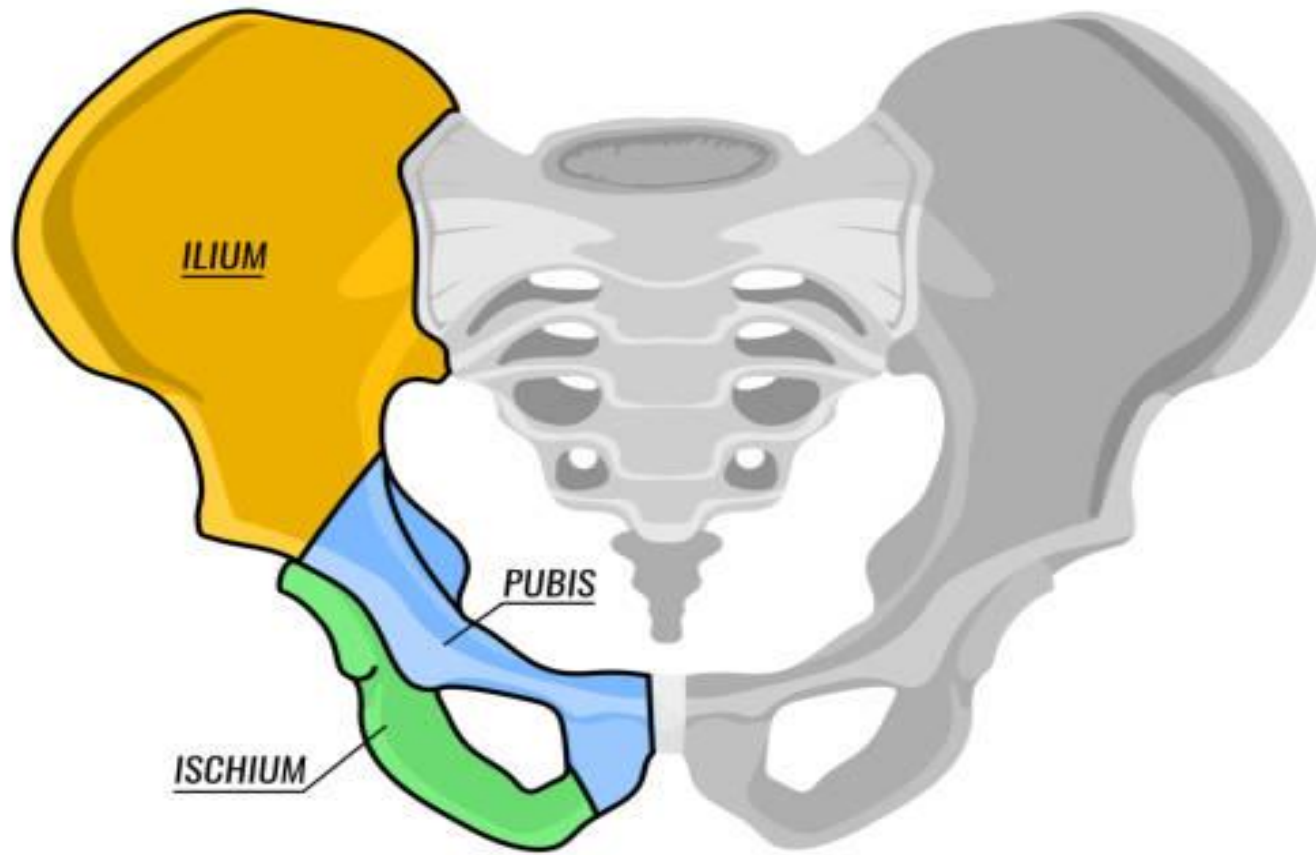
False ribs
(8-12)

Floating ribs
(11,12)

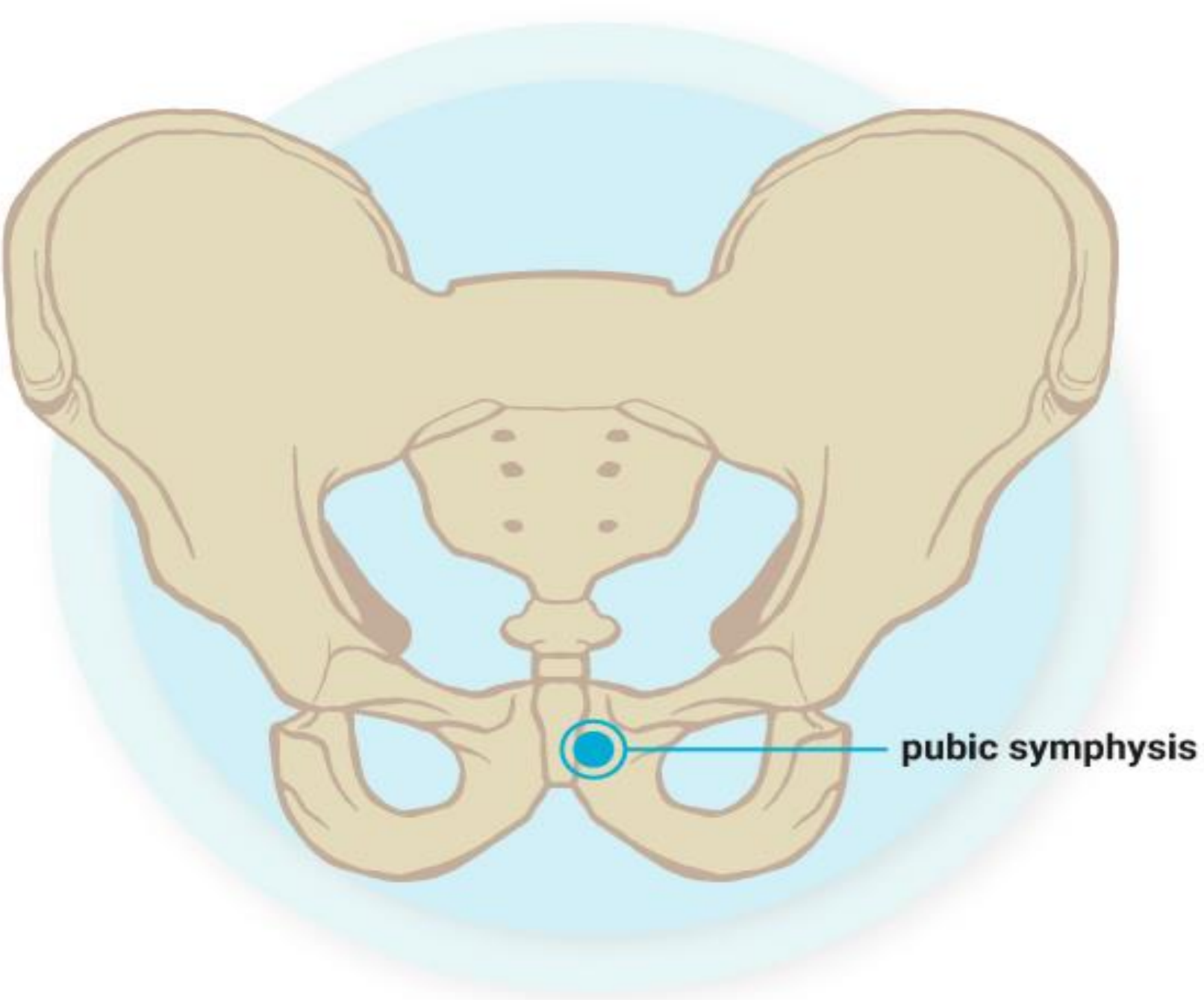
pelvis

The pelvis consist of two hip bones right and left which articulated posteriorly with the sacrum and anteriorly articulated to each other at the pubic symphysis .



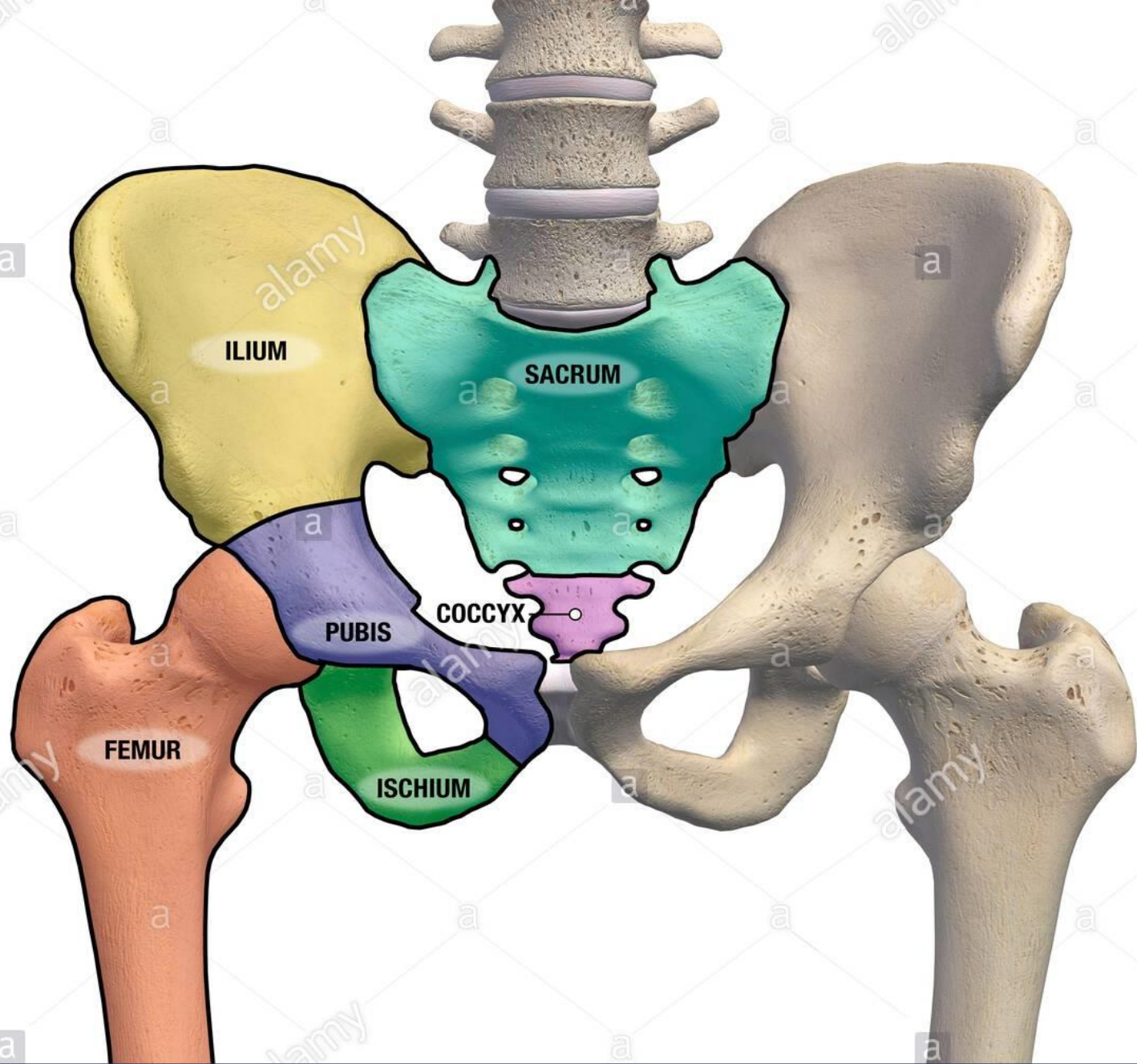


PELVIS ANATOMY



pubic symphysis





Anatomical classification of the bones

- 1- Long bones : like humerus
- 2- Short bones : like those found in the ankle and wrist (tarsus and carpus)
- 3- Flat bones : of the skull (cranium)
- 4- Irregular bones : of the face .
- 5- Sesamoid bones : patella .

Sclerous Tissue

According to Shape

- | | | |
|----------------|---|------------------------------------|
| 1. Long bones | — | Found in limbs |
| 2. Short bones | — | Found in hands |
| 3. Flat | — | Found in skull |
| 4. Irregular | — | Found in axial skeleton and girdle |
| 5. Pneumatic | — | Found in skull |
| 6. Sesamoid | — | Found in certain tendons |

Sesamoid Bone

- ◆ Sesamoid bones are small ovoid modules of bones and are named because of their resemblance to the seeds.
- ◆ These bones develop in the **tendons** are subjected to the friction during the movement of the joints.
- ◆ Sesamoid bones acts as the **pulleys** for muscle contraction.

Examples:

1. Patella—in quadriceps femoris
2. Pisiform—in the flexor carpi ulnaris

R





Boney Landmarks



- ◆ Other formations occur in relation to the passage of a tendon often to direct the tendon or improve its leverage or to control the type of movement occurring at the joint.

The various marking and features of bone are:

Condyle: Rounded articular area (the lateral femoral condyle).

Crest: Ridge of a bone (the iliac crest).

Epicondyle: Eminence superior to condyle (the lateral epicondyle of the humerus).

Facet: Smooth, flat area, usually covered with cartilage, where a bone articulates with another bone (superior costal facet on the body of vertebra for articulation with rib).

Foramen: Passage through a bone (the obturator foramen).

Fossa: Hollow or depressed area (the infraspinatus fossa of the scapula).

Groove: Elongated depression or furrow (arterial grooves in calvaria).

Line: Linear elevation (the soleal line of tibia).

Malleolus: Rounded process (the lateral malleolus of fibula).

Notch: Indentation at the edge of the bone (the greater sciatic notch).

Protuberance: Projection of bone (external occipital protuberance).

Spine: Thorn like processes (the spine of the scapula).

Spinous process: Projecting spine like (the spinous process of vertebra).

Trochanter: Large blunt elevation (the greater Trochanter of femur).

Tubercle: Small raised eminence (the greater tubercle of the humerus).

Tuberosity: Large rounded elevation (ischial tuberosity).

crest A narrow, ridgelike projection
(the iliac crest of the os coxae)

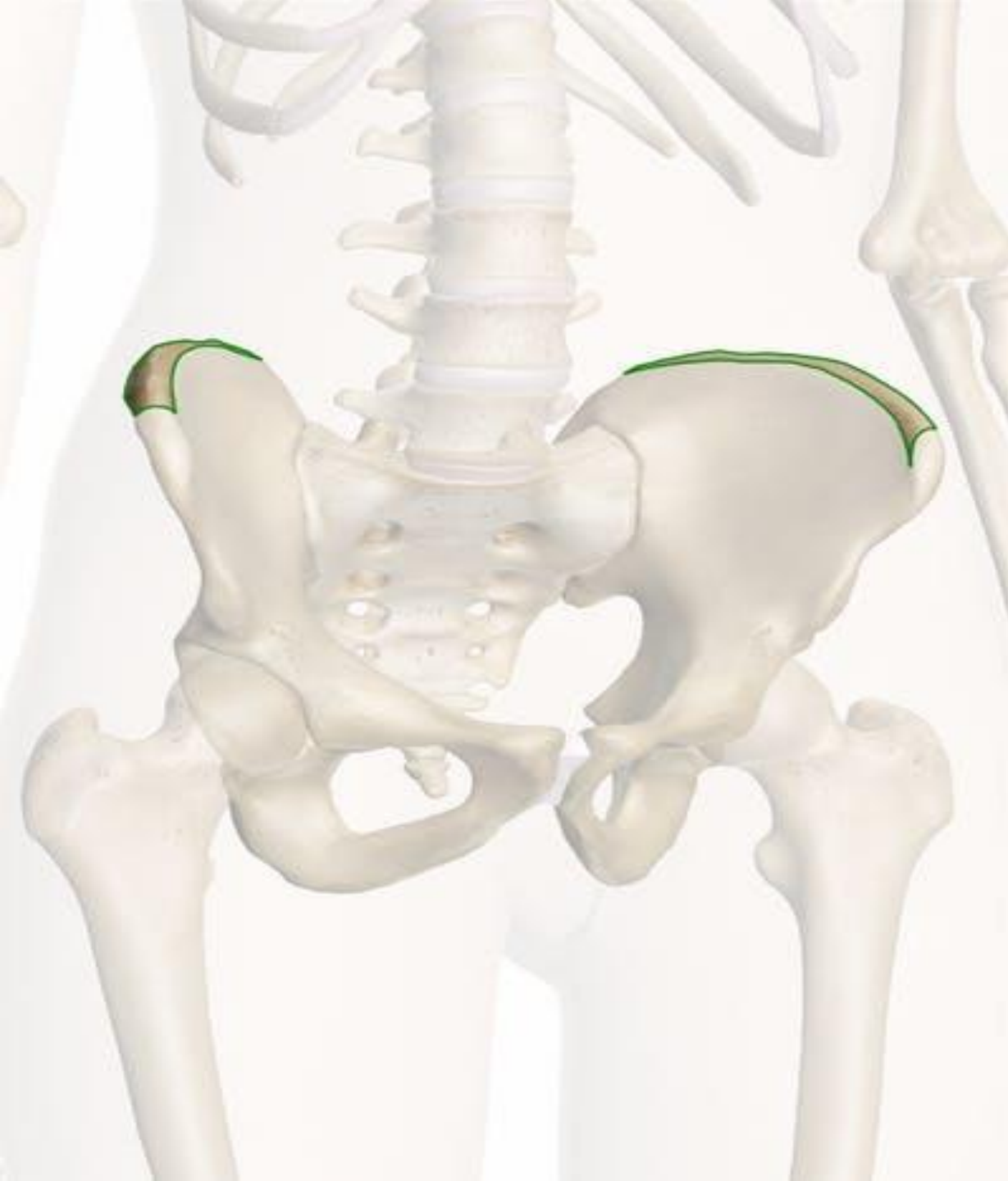
process Any marked bony prominence
(the mastoid process of the temporal bone)

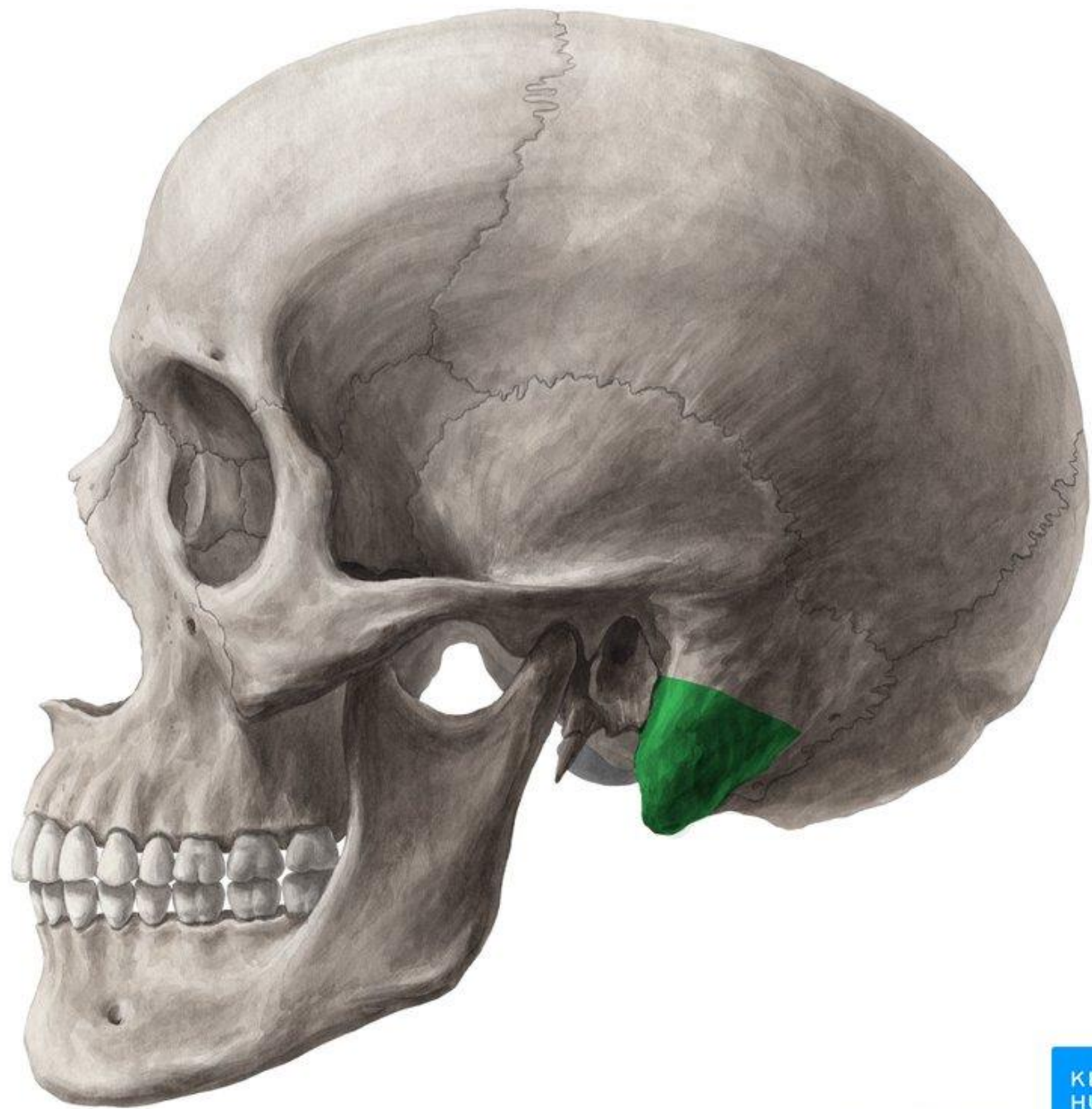
ramus A flattened angular part of a bone
(the ramus of the mandible)

Crest of
Greater Tubercle



Crest of
Lesser Tubercle





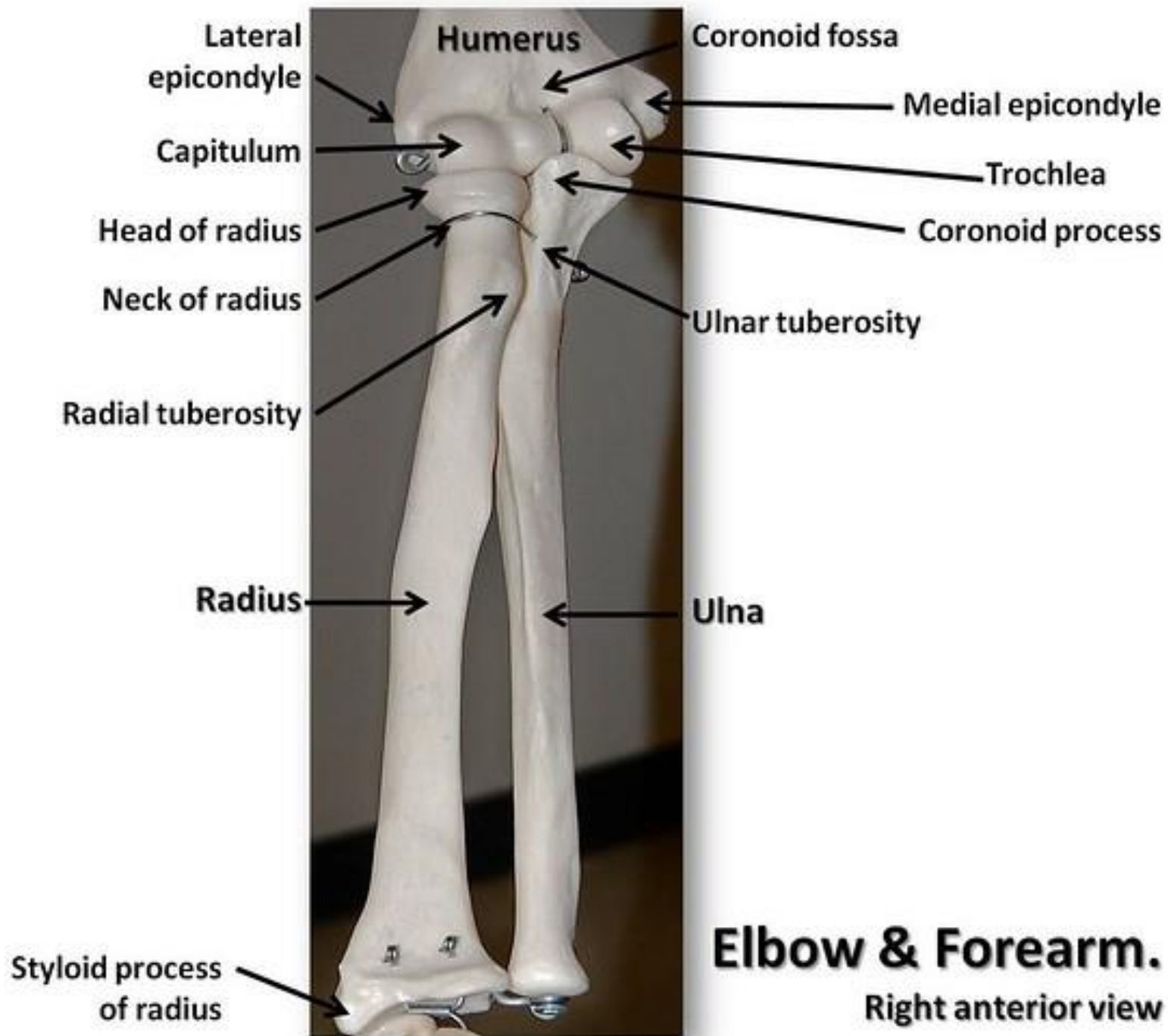


spine A sharp, slender process (the spine of the scapula)

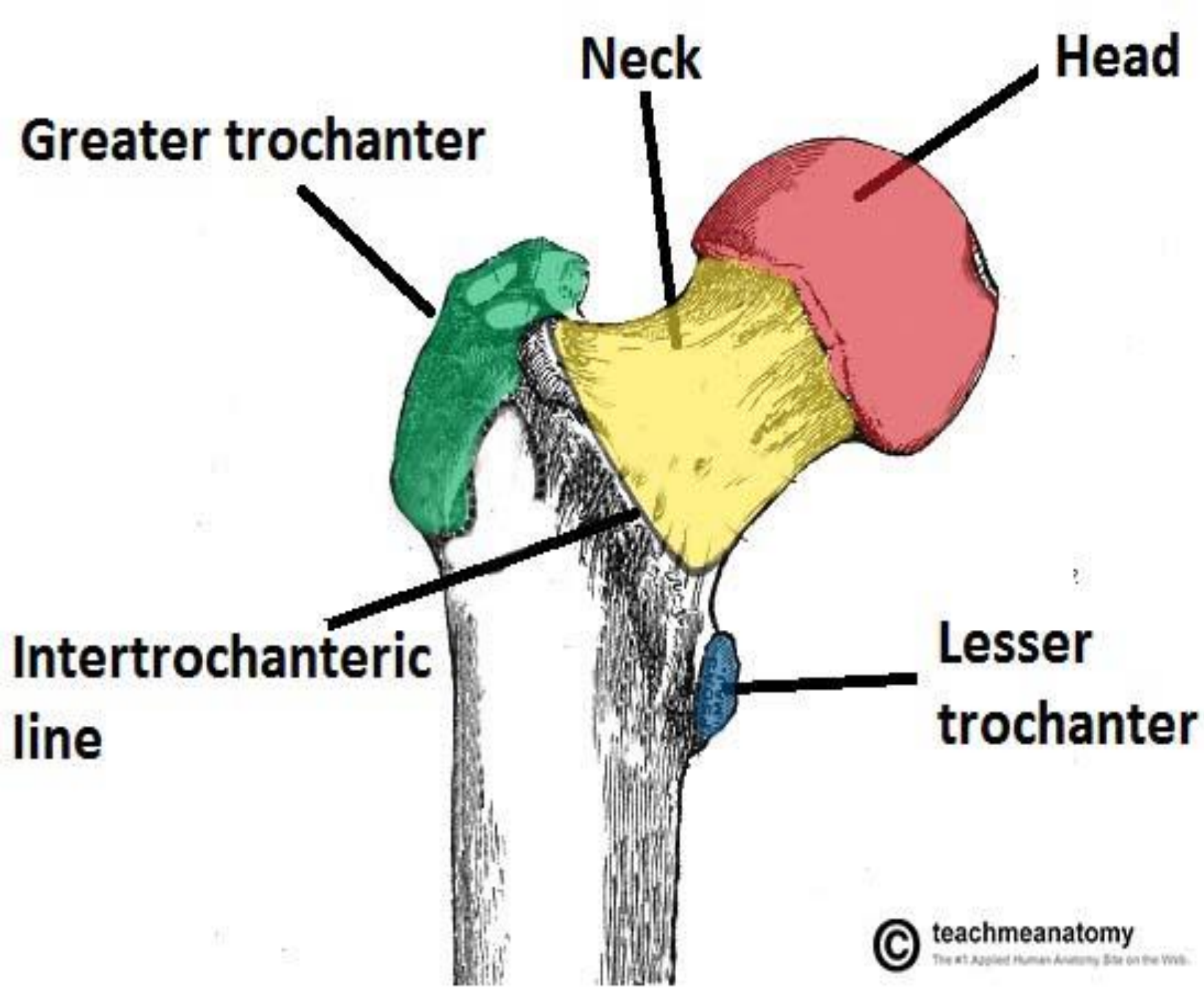
trochanter A massive process found only on the femur (the greater trochanter of the femur)

tubercle (*too'ber-k'l*) A small, rounded process (the greater tubercle of the humerus)

tuberosity A large, roughened process (the radial tuberosity)







Greater Tubercle

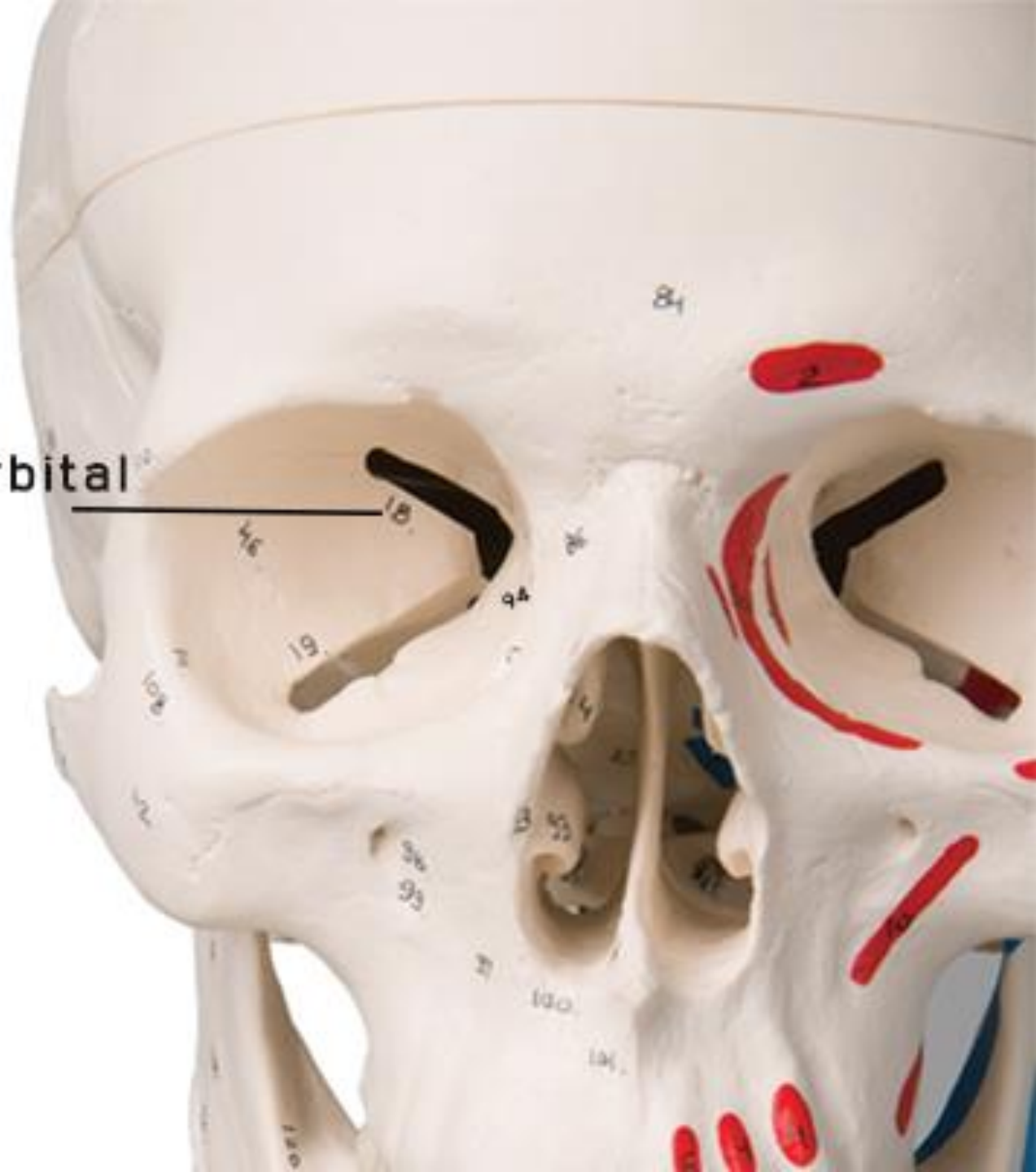


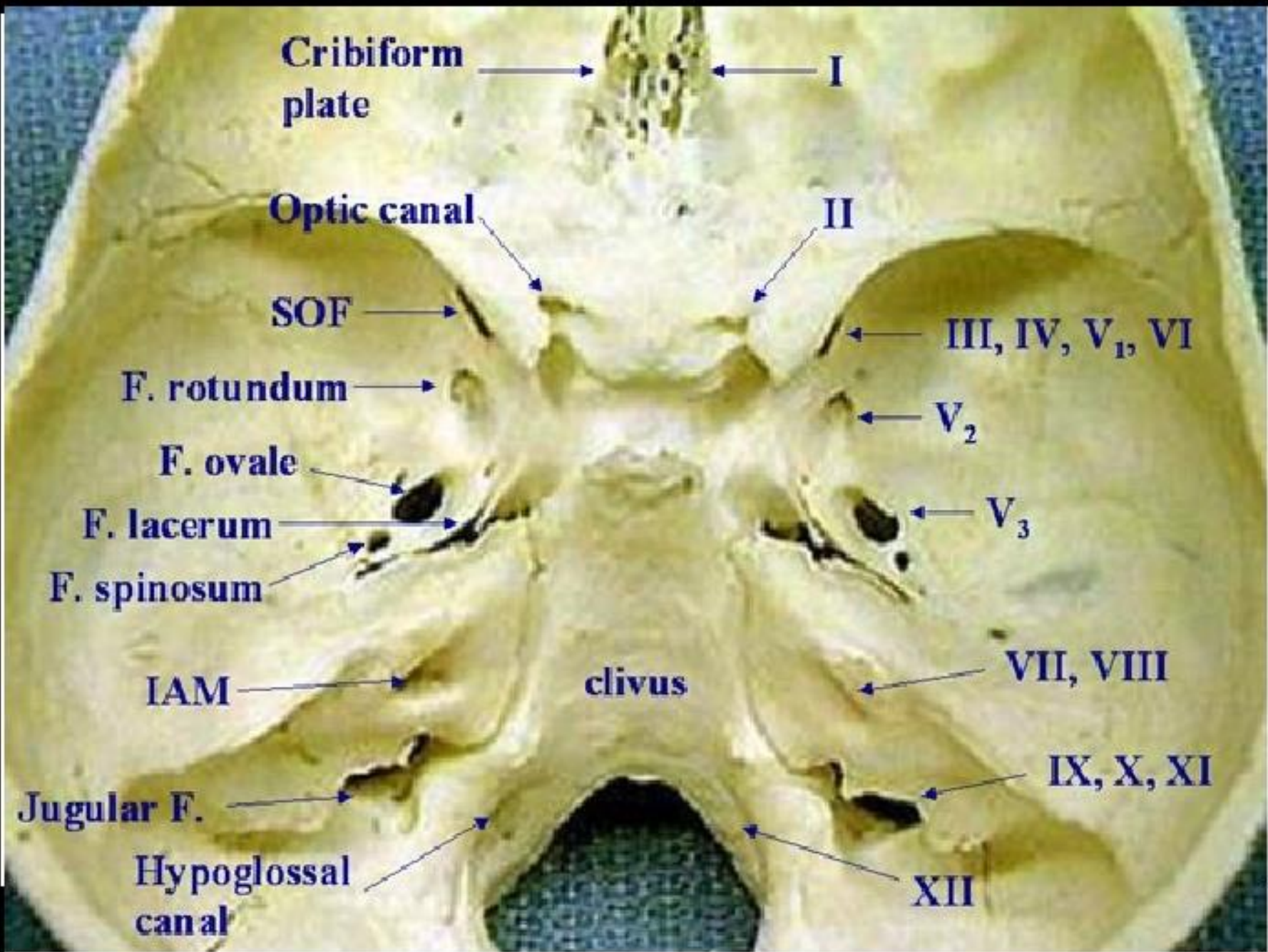
Depressions and Openings

fissure A narrow, slitlike opening (the superior orbital fissure of the sphenoid bone)

foramen (*fo˘-ra'men*—A rounded opening through a bone (the foramen plural, *foramina*) magnum of the occipital bone)

Superior orbital
fissure







fossa (*fos'a*) A flattened or shallow surface (the infraspinous fossa of the scapula)

sulcus A groove that accommodates a vessel, nerve, or tendon (the intertubercular sulcus of the humerus)



Olecranon Fossa



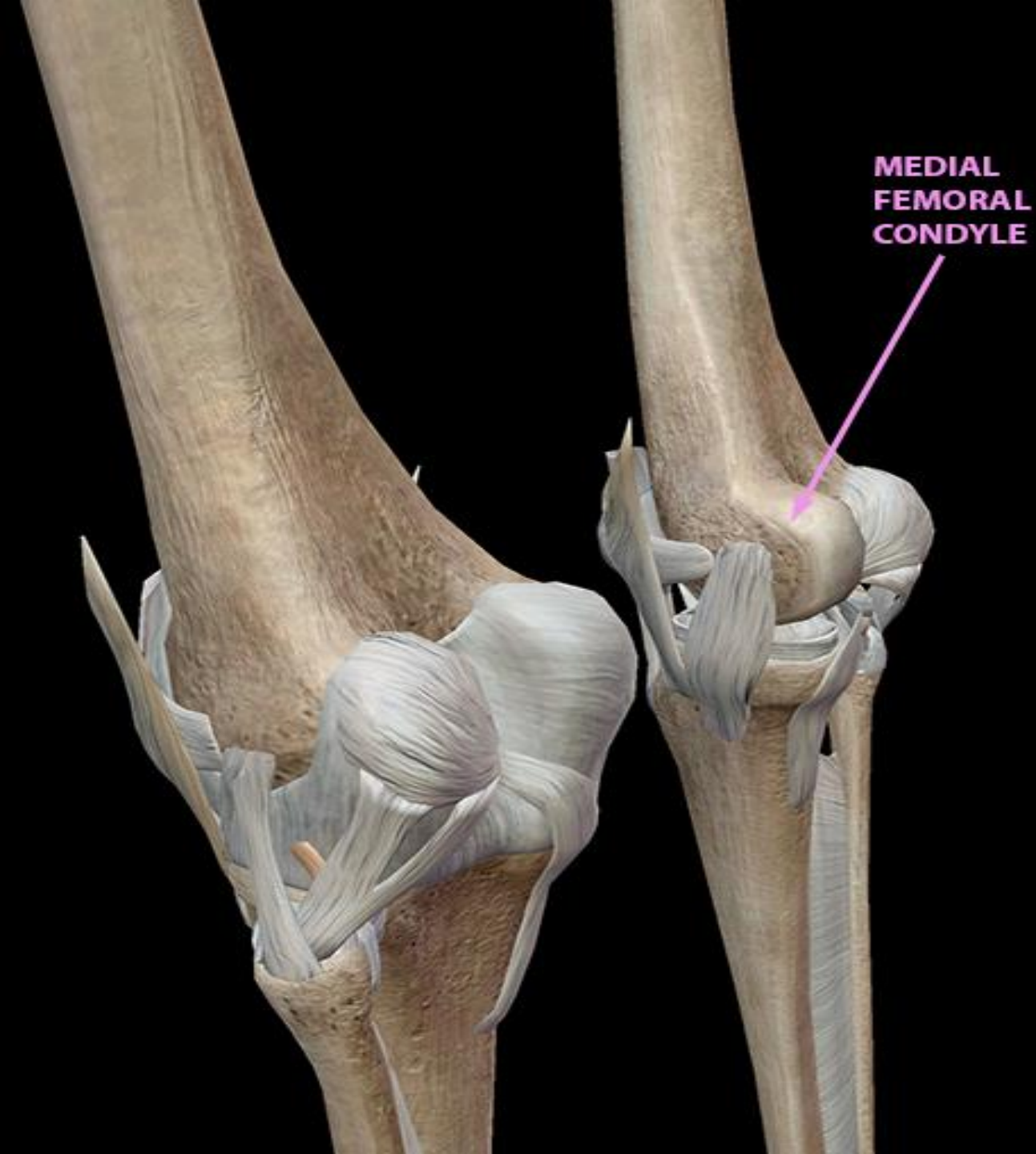
Intertubercular Groove
or Bicipital Sulcus

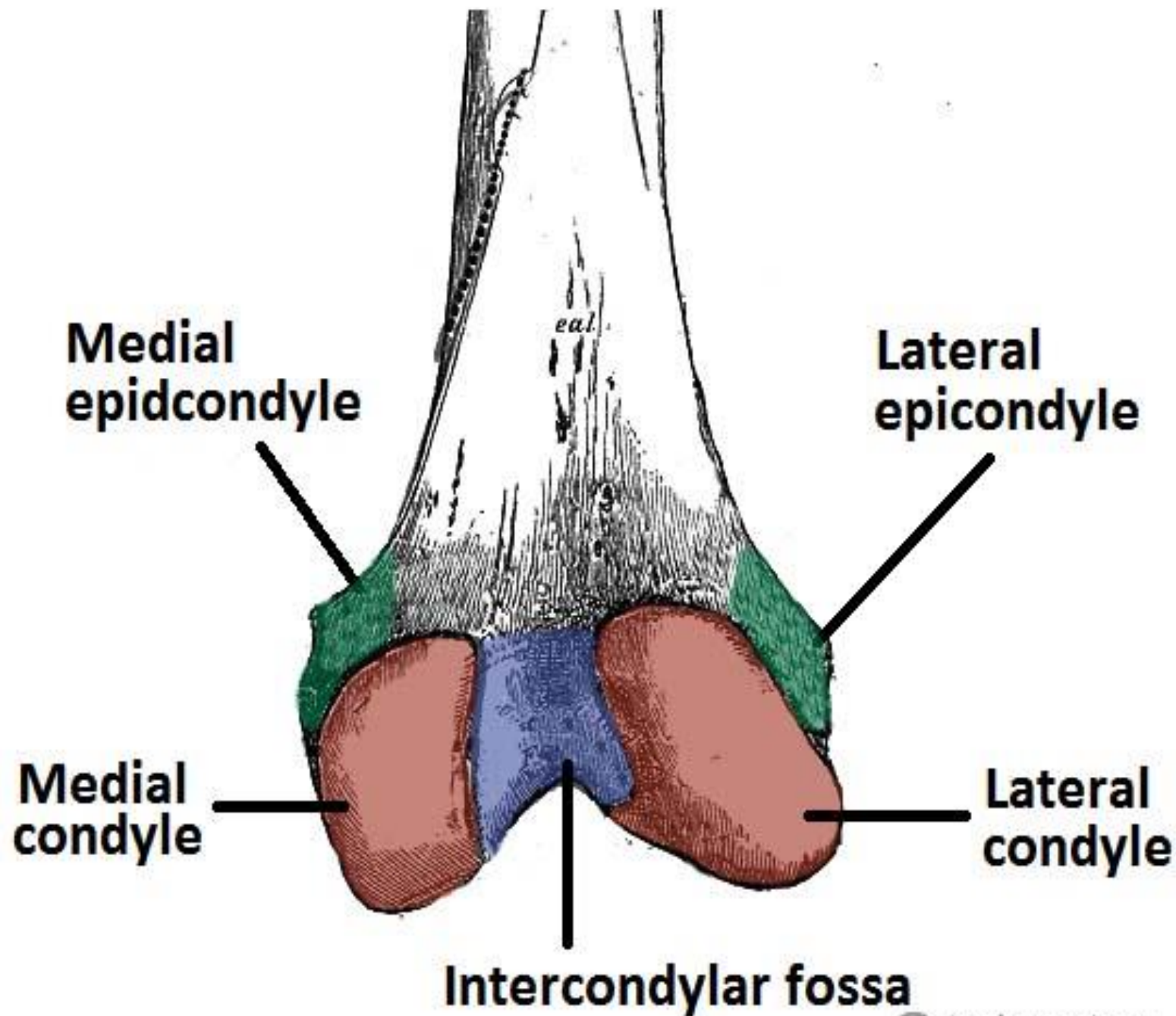
Articulating Surfaces

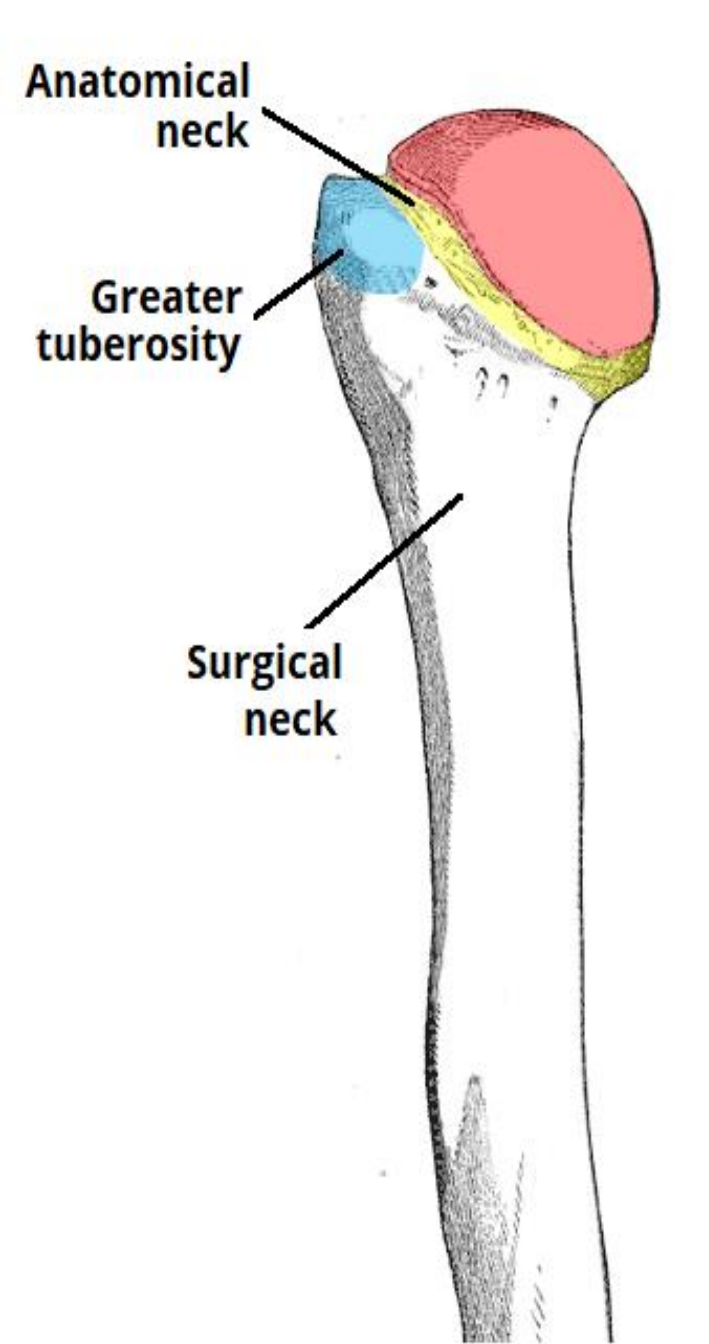
condyle (*kon'dil*) A large, rounded articulating knob (the lateral femoral condyle)

facet A flattened or shallow articulating surface
(the costal facet of a thoracic vertebra)

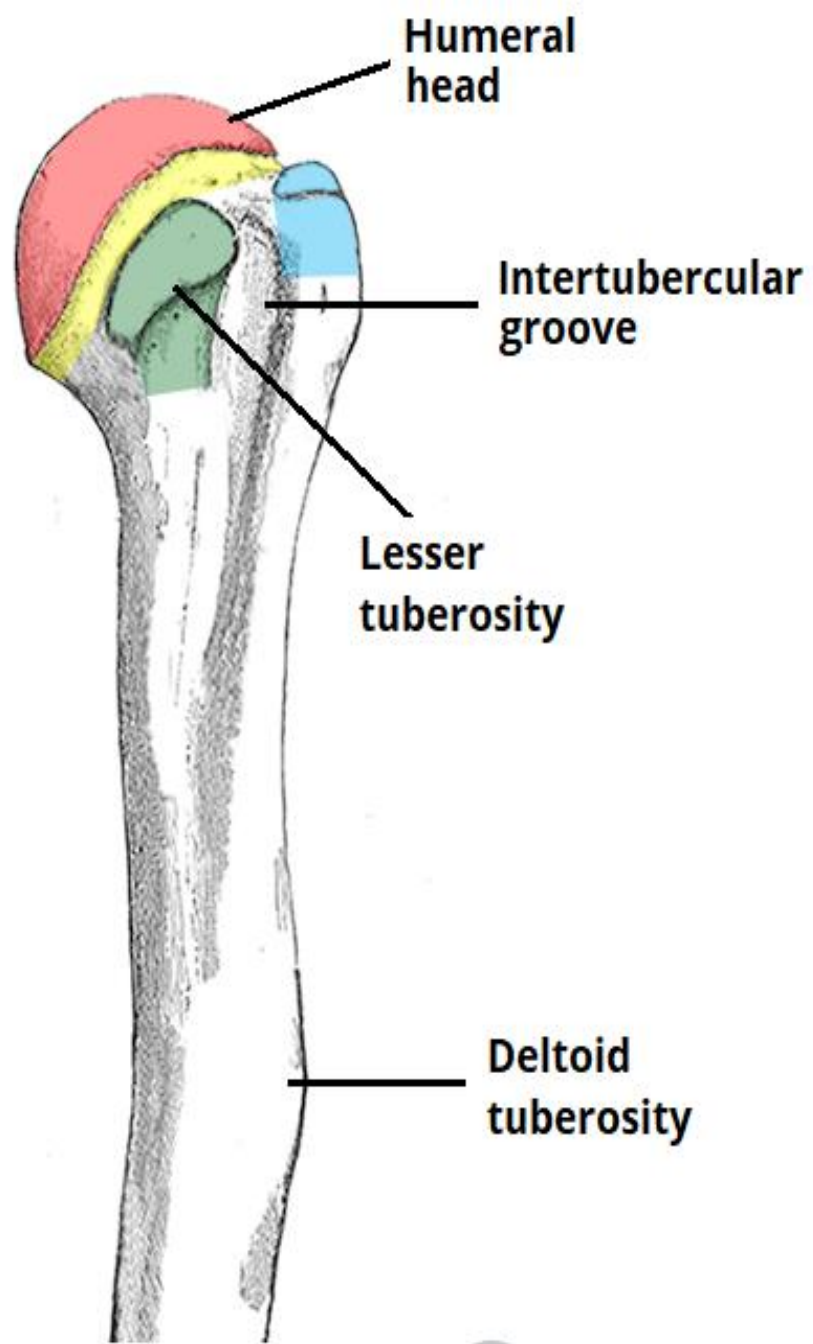
head A prominent, rounded articulating end of a bone



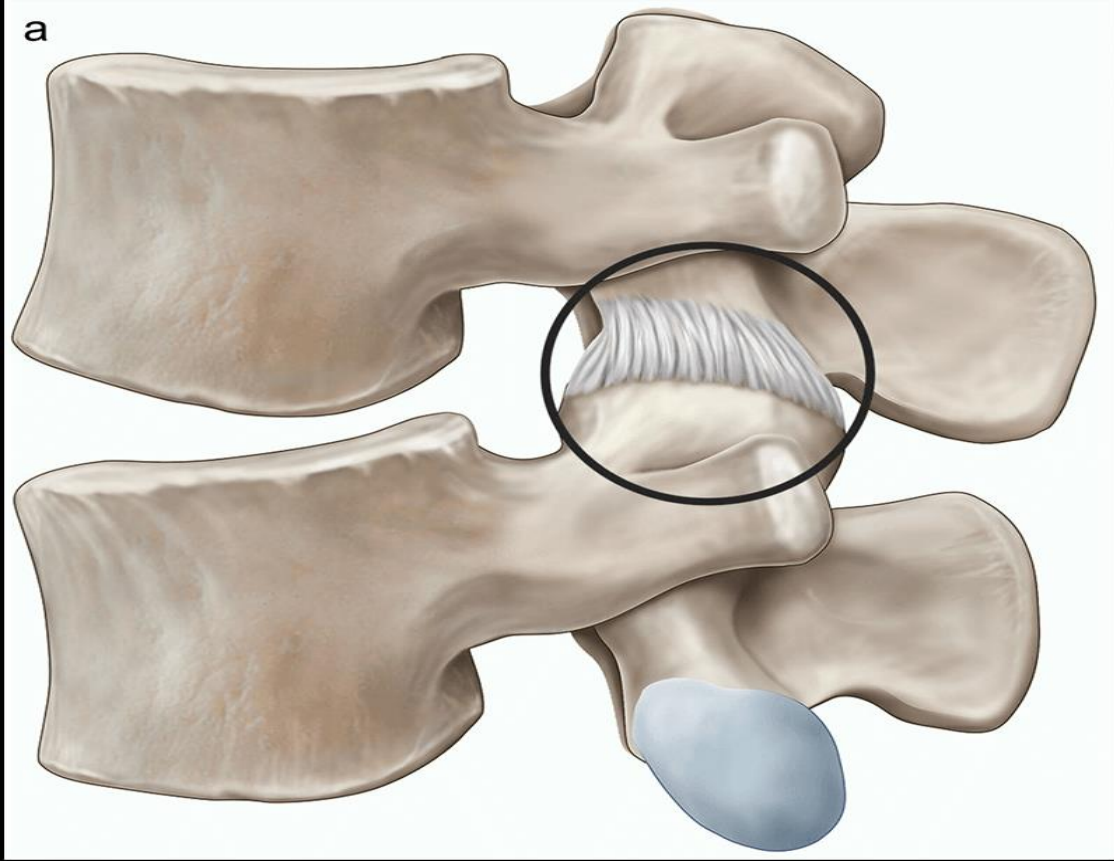




(i) Posterior Face



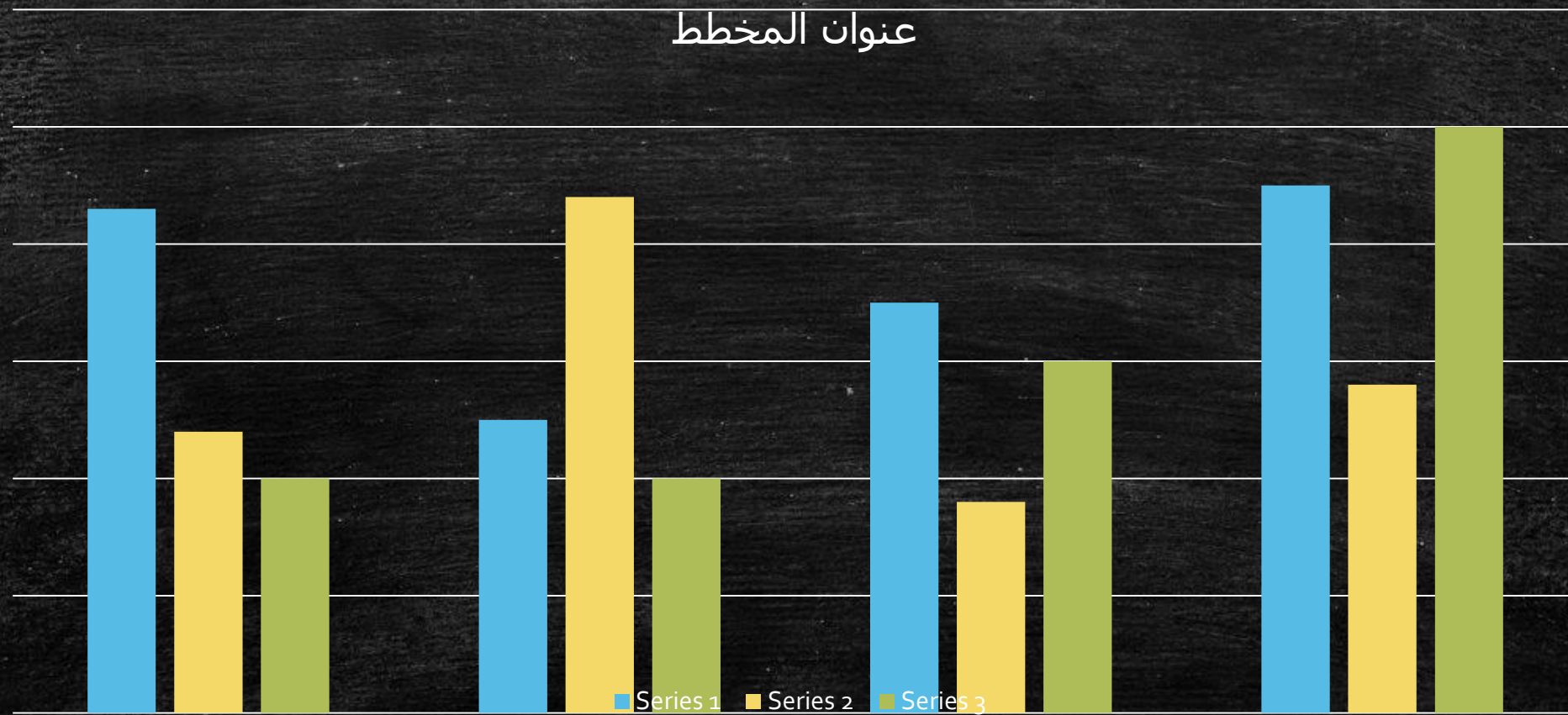
(ii) Anterior Face





END

Title and Content Layout with Chart



Two Content Layout with Table

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- Second bullet point here
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Class	Group A	Group B
Class 1	82	95
Class 2	76	88
Class 3	84	90

Two Content Layout with SmartArt

Group A

- Task 1
- Task 2

Group B

- Task 1
- Task 2

Group C

- Task 1

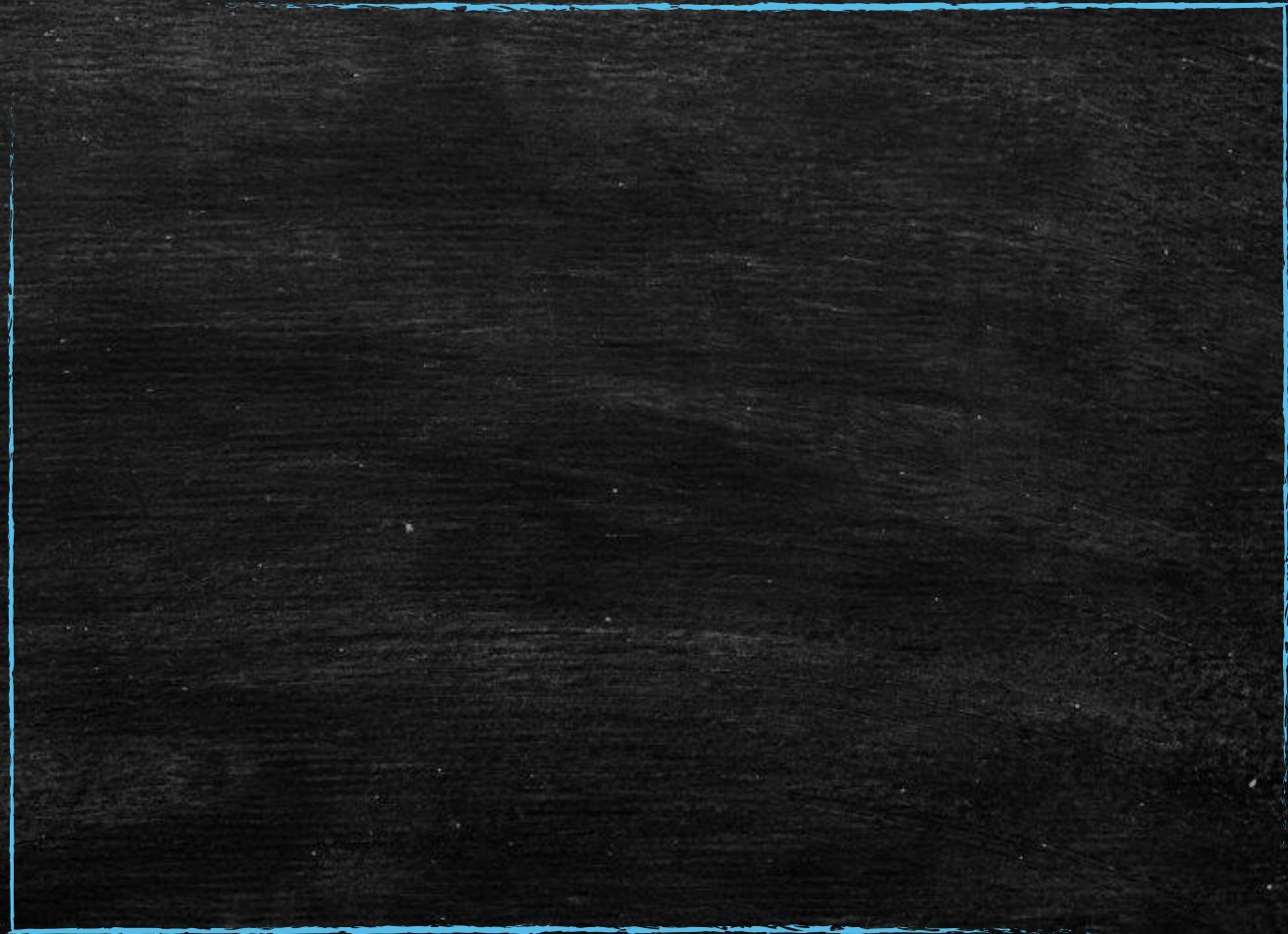
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