Antipsychotic drugs or Neuroleptic drugs

called ant schizophrenic or Major tranquilizers

# **Learning objectives**

Definition of psychosis and dopamine hypothesis of schizophrenia, classification of antipsychotic drugs, pharmacological action of antipsychotic, therapeutic indications and side effects.

# Antipsychotic drugs or Neuroleptic drugs called ant schizophrenic or Major tranquilizers

The term anti-psychotic and neuroleptic are used to denote a group of drugs that is used mainly for the treatment of (schizophrenia); and they are effective in some other psychotic state e.g. mania and delirium.

#### Chemical classification of antipsychotic drugs into:-

- 1) Phenothiazine derivative; which subdivided into-
- a) Aliphatic derivatives :- Chlorpromazine (largactil) R.
- b)Piperidine derivatives :- Thioridazine .
- c) Piperazine derivatives: Fluphenazine and Trifuoperazine.
- 2) Thioxanthine derivative e,g.:- Thiothixene.
- 3)Butyrophenone derivatives e.g. Haloperidol.
- 4) Miscellaneous structures e.g. Clozapine, Olanzapine and Risperidone.

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## Pharmacokinetic of neuroleptic drugs

- They are incompletely absorbed from intestine; they undergo significant first pass metabolism in liver; they are highly binding to plasma protein with large volume of distribution; they are lipid soluble compound can reach to brain.
- Dopamine hypothesis of schizophrenia :-
- It proposes that this disorder is caused by relative excess of functional activity of the neurotransmitter dopamine in specific neuronal tracts in the brain; particularly in the mesolimbic system.

## **Mechanism of action:-**

- 1)Dopamine receptors -blocking activity in the brain.
- All the neuroleptic drugs block dopamine receptors in the brain and the periphery; they are five different dopamine receptors consisting 2 families D1-like receptors include D1and D5
- D2-like receptors include D2;D3and D4.
- The clinical efficacy of neuroleptic drugs is correlates closely with their ability to block D2 receptors in the mesolimbic system of the brain.
- 2)Serotonin receptor –blocking activity in the brain. The newer drugs Clozapine, Olanzapine and Risperidone appear to act through inhibition of serotonin receptors (5-HT).

# The pharmacological action of neuroleptic drugs

- 1) Anti psychotic actions :-
- All the neuroleptic drugs reduce the hallucination and delusion associated with schizophrenia by blocking dopamine receptors in the mesolimbic system of the brain.
- 2) Extapyramidal effects:-
- these effects occur with chronic treatment with neuroleptic drugs due to block dopamine receptors in the nigrostriatal pathway lead to Parkinson like symptoms (dystonia; akathisia and tardive dyskinesia).
- 3) Antiemetic effect :-
- most of the neuroleptic drugs have antiemetic effect that are mediated by blocking D2 —dopaminergic receptors of the chemoreceptor trigger zone of the medulla (CTZ); except Thioridazine is not effective antiemetic.

## The pharmacological action of neuroleptic drugs

#### 4) Antimuscarinic effect :-

some of the neuroleptic particularly Thioridazine; Chlorproazine; Clozapine and Olanzapine; causes antimuscarinic effects include blurred vision; confusion; dry mouth; constipation; ....etc.

#### **5)** other effects :-

- a-Blocking of alpha adrenergic receptors causes orthostatic hypotension
- **b** Blocking D2 receptor in pituitary gland lead to an in increase in the prolactin release .
- c- Blocking of histaminic receptors lead to sedation like with Chlorpromazine and Clozapine .

# Therapeutic uses of neuroleptic drugs:-

- 1:- Schizophrenia the primary indication of neuroleptic drugs
- 2:- manic episode in patients with bipolar effective disorder; used in combined with antidepressant drugs or Lithium.
- 3:- Neuroleptic used in combined with narcotic analgesia for treatment of chronic pain and anxiety in cancer cases .

- 4:- Chlorpromazine is used to treat intractable hiccup . •
- 5:- Prochlorperazine is useful in the treatment of disease or drugs induced nausea; but not due motion sickness.
- 6:- Senile dementia of Alzheimer disease.
- 7:- H1-receptor blocking action by Phenothiazine are used for the relief purities (itching).

### **Contraindications and cautions:-**

- 1:- Acute agitation due to alcohol or other drugs withdrawal may be aggravated by the neuroleptic (it is treated by simple sedation like diazepam).
- 2:- In epileptic patients; because the neuroleptic drugs can lower seizer threshold.
- 3:- Development agranulocytosis from using of neuroleptic drugs.

### Side effects:-

- 1) Extapyramidal side effects :
  - it is time dependent with dystonia occur within a few days of treatment followed by akathisia; Parkinson symptoms of bradykinesia; rigidity and tremor occur later on; tardive dyskinesia occur after months or year of treatment.
- 2) Antimuscarinic side effects: Thioridazine is show strong antimuscarinic activity with few extra pyramidal disturbances; in contrast with Haloperidol and Fluphenazine which have low Anticholinergic activity and produce extra pyramidal effects.
- 3) Neuroleptic malignant syndrome: fatal reaction to neuroleptic drugs characterized by muscle rigidity; fever; unstable blood pressure.

### Side effects:-

## 3) Neuroleptic malignant syndrome:-

fatal reaction to neuroleptic drugs characterized by muscle rigidity; fever; unstable blood pressure.

- **4)** Neuroleptic drugs depress the hypothalamus causing amenorrhea and galactorrhea in female; decrease libido with gynecomastia in male.
- 5) block alpha receptors resulting in lowered blood pressure and orthostatic hypotension.
- **6)** Significant weight gain commonly occur with a typical neuroleptic drugs (Clozapine, Olanzapine; and Risperidone .)